



LAKE NOW NEWS

December 2016

President's Message

Hello, this is the last message for 2016. We are looking forward to getting together one last time this year for our annual Holiday party. This time around we will have the upstairs at Puddle Jumpers and have invited NOW members, both current and inactive, Lake NOW and at-large, to come to share some time with us during this holiday season. We hope to see many of you there! It can be good just to spend some time talking with people who are closely aligned to you in their values and politics. In this time of transition one really needs the support of others. I hope you all have a wonderful season and best wishes for a happy new year.



Lucinda McGinn

Determination

by Susan Green Jaillet

We're all in agreement that it's been a long few weeks since the election. And it's going to be a longer few weeks until the inauguration. I feel suspended in time, floating between realities, and the unknown lurks "bigly" in our future.

Often I feel angry, betrayed, uncertain, fearful. Other times, I feel overwhelmed and hopeless. Facebook tells me I'm not alone in any of these feelings. Facebook tells me I've got to fight the good fight and persevere. I hope I can, but I don't know if I will be able to. I'm discouraged, you see. I thought we'd won some of these battles, but I fear we're about to take a giant step backwards into an unforgiving abyss.

So I look to history, searching for answers. Largely history is written by the winners and much of what I learned--or didn't learn--in school was so. As always, I'm drawn to our Native American brothers and sisters. And I've found women who are examples of what we might all hope to be in the next episode of oppression.

Susan La Flesche was the first Native American woman to become a doctor in the United States. Joe Starita has written her story in *"A Warrior of the People: How Susan La Flesche Overcame Racial and Gender Inequality to Become America's First Indian Doctor."* Born in a teepee on the Omaha Indian Reservation on June 17, 1865, in Nebraska, Susan had mixed race parents who did not give her a

traditional Omaha name. She learned to speak English and attended white schools, becoming a devout Christian. Eventually she attended Virginia's Hampton Institute, taking classes with children of former slaves and other Native Americans.

La Flesche was able to enroll in the Woman's Medical College of Pennsylvania and graduate in 1889 at the top of her 36 woman class, making history by becoming the first Native American doctor. She became the sole doctor for 1,244 patients over a 1,350 square mile territory that was the Omaha Indian Reservation.

At the age of 24, she returned from the East to the reservation, married and had two children, while pursuing her career as a doctor. Dr. Sue died at the age of 50 after facing "a constant struggle to serve her people, and serve her husband and children. She was haunted that she was spreading herself so thin that she wasn't the doctor, mother and wife she should be. The very fears haunting her as a woman in the closing years of the 19th century are those still haunting women in the opening years of the 21st century."

You can read more about this amazing woman by clicking on this link to History.com or by purchasing the book mentioned in [this article](#).

The Latest from The National Organization for Women

Linking you to what has been shared on their website...

[Women's Rights Are Human Rights](#)

[NOW Congratulates Nancy Pelosi on Re-election to Democratic Leadership](#)

[The Way Forward](#)

Save the Date - Lake Now Events:

[December 11, 5:00 p.m. Holiday Party at Puddle Jumpers](#)

[December 13, 3:30 p.m. Book Club at WT Bland Library](#)

[January 21 - TBD: Million Women March.](#) Details to Follow.

[February Luncheon Meeting w/elections.](#) To Be Determined

[March: Women's History Month](#) - Details to follow.

Lake NOW Book Club 2016-17

These books will be discussed by the Lake NOW Book Club.

Month	Book
Tuesday, December 13, 2016	"The Sound of Gravel," by Ruth Warner
Tuesday, January 10, 2017	"Left Neglected," by Lisa Genova
Tuesday, February 14, 2017	"My Brilliant Friend," by Elena Ferrante
Tuesday, March 14, 2017	"Americanah," by Chimamanda Ngozi Adichie
Tuesday, April 11, 2017	"Sisters in Law: How Sandra Day O'Connor and Ruth Bader Ginsburg Went to the Supreme Court and Changed the World," by Linda Hirshman

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

The Canadian federal judge who found himself in hot water for asking an alleged rape victim during a trial why she couldn't keep her knees together said he now regrets those comments.



Via "Feminist Memes"

Chapter Meeting Suggestions

What sort of programs would you like to see at our meetings? We encourage members to send us ideas of people or activities you would like to see at one of our meetings. Please send to contactLakeNOW@yahoo.com.

Light Up the Season with Lake NOW!



Join Lake
NOW
Members for
a Holiday
Gathering!

When:
Sunday,
Dec. 11th at
5 PM

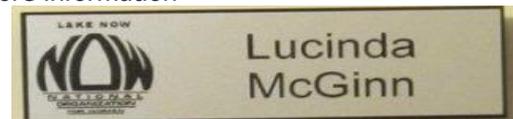
Where:
Upstairs at
Puddle
Jumpers
(formerly ALS
Landing) 111 W.
Ruby St.,
Tavares, FL
32778

Order from
the Menu



Lake NOW Badges

Lake NOW is selling Lake NOW badges to its members. The badges look like the one shown below with the Lake NOW logo and the member's name. The badges can be purchased through Lake NOW for \$12 each. See an officer for more information



Viola Desmond will be the first Canadian woman on Canada's \$10 bill (Other woman have been on their \$50 bill, which are less numerous than the \$10 bill.)

Black rights activist Viola Desmond, who was jailed for defiantly sitting in the "whites only" section of a Nova Scotia film house, will be the first Canadian woman to be featured on the country's \$10 bill. Click [here](#) to read more.

Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

MEMBERSHIP: The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

FINANCE: The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

NOMINATING: *The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be Board candidates.*

BYLAWS: *The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:*

- *Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.*
- *Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.*
- *Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations.*

COMMUNICATIONS/PUBLIC VISIBILITY:

- **Technology:** Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- **Writers' Committee:** Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- **Public Visibility:** Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities and contact local colleges, places of worship and non-profits.
- **Telephone Outreach:** Aid other committees and officers when networking by telephone is requested.

LEGISLATIVE COMMITTEE: Track legislative issues, bills and amendments and report to the membership.

ACTION COMMITTEE: Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

STRATEGIC PLANNING: Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it. This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee shall report to the membership on the status of the Plan (accomplishments, amendments, etc).

Lake NOW's Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women's rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW's purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

- Our priority goals, include, but are not limited to:
- Addressing women's health issues and reproductive rights
 - Stemming violence against women
 - Improving and promoting diversity/ending racism
 - Encouraging economic justice and labor rights.

Lake NOW Board

President: labrys57@gmail.com	Lucinda McGinn (352) 602-7057
Vice-President: tnhurlbert@aol.com	Nancy Hurlbert (352) 483-4962
Secretary: narrator56@yahoo.com	Peter McGinn (352) 602-7057
Treasurer: miflanagan30@gmail.com	Mary Flanagan (305) 343-5327
Membership Director: carolflam@aol.com	Carol King (352) 483-2011

Lake County
National Organization for Women
P.O. Box 1134, Mt. Dora, Florida 32756
E-mail address: contactLakeNOW@yahoo.com
lakenow.weebly.com
Facebook: Lake-NOW
Twitter: @lake_now
Meetup: Lake NOW (National Organization for Women)

Monthly meetings

Third Wednesday of each month at 7 p.m.
(Exceptions will be announced on the web page and in the newsletter)

Meetings held at W. T. Bland Library

