



LAKE NOW NEWS

November 2015

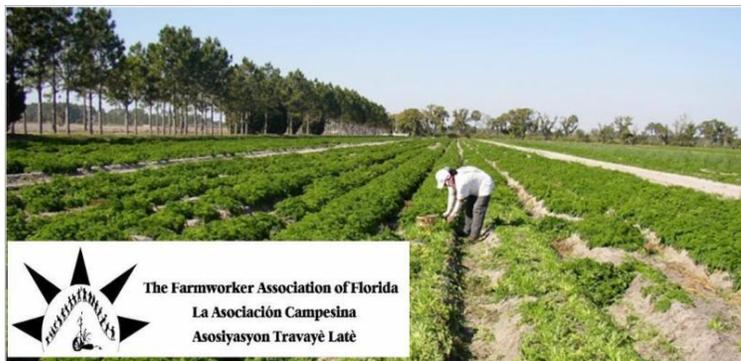
November Lake NOW Meeting

Environmental Racism

Join Jeannie Economos, Pesticide Safety and Environmental Health Project Coordinator with the Farmworker Association of Florida, to hear about ENVIRONMENTAL RACISM. What is environmental racism, you might ask?

Environmental racism is placement of low-income or minority communities in proximity of environmentally hazardous or degraded environments, such as toxic waste, pollution and urban decay. While there are competing views as to an exact definition, the interplay between environmental issues and social indicators are key to its understanding. Don't miss this interesting - and local - issue discussion!!

And please click on [this link](#) to see how we can give thanks for the work the farmworkers do for us putting our food on the table.



President's Message

As I write this we have just had our Lake NOW Board Meeting and Social. I found it to be a very fun and rewarding time. During our meeting we discussed upcoming plans for the next 3 months, and I'm very excited that we will be planning an event in recognition of the anniversary of Roe v. Wade in January.



Our January meeting will be chock-a-block full with legislative information on the new FLA legislative session.

The session is early this year to make way for the presidential preference primary in March. Nancy Hurlbert will make sure we're aware of filed legislation and she hopes to invite a couple of non-partisan candidates to speak at this meeting. But that's not all. During the membership portion of the meeting, we will have sign-making materials available to make signs for our Roe v. Wade event, which will be coming to an intersection in the greater Triangle area on January 22nd (two days after our meeting). I hope many of you will be excited to join us for this event, which will help make Lake NOW visible.

Backing up to this month, our meeting will feature Jeannie Economos from the Farmworker Association of Central Florida. Her talk should be interesting. In conjunction with her presentation, we are also pitching in to help feed the farm workers who feed us by conducting a food drive. Details are [elsewhere](#) in the newsletter. And plans are afoot for our holiday party in December. We are going to try a new twist and have a reception style party where our focus will be on appetizers and conversation rather than sitting down to order separate meals. We want to give ourselves a chance to mingle! This should be happening on the 3rd Wednesday in December in place of our regular general meeting.

One final thing I want to mention is that as the year winds down, it is time to start thinking about the upcoming year's annual meeting and elections. We may have opportunities for interested members to join the board in leadership roles. We have a nominating committee appointed and you may be hearing from them. If you are interested, please feel free to contact one of them - Peter McGinn, chair (narrator57@yahoo.com); Linda Meyer Nagle, member (letsalllinda@yahoo.com) and Mary Flanagan, member (miflanagan30@gmail.com). Hope to see you on Tuesday, the 17th, at the W.T.Bland Library in Mt. Dora for our November meeting! **Lucinda McGinn**

NEWSLETTER SUBMISSIONS

We encourage members to submit articles for our monthly newsletter. Submissions submitted after the first day of the month may need to be placed in the next month's issue. Please send to contactLakeNOW@yahoo.com Please type your newsletter submissions directly into the body of your text formatted email and do not use HTML or RTF format or special fonts. Submissions may be vetoed by the NOW board and/or edited for clarity and brevity.

"Sometimes I wonder if men and women really suit each other. Perhaps they should live next door and just visit now and then." Katherine Hepburn

Program Suggestions

Lake NOW wants your suggestions for upcoming programs. Feel free to send ideas for things you might want to know more about to the Lake NOW vice-president, who is responsible for arranging programs.

Lake NOW Calendar

Tuesday, Nov 10th 3:30 p.m.	NOW Book Club, W.T. Bland Library "All the Light We Cannot See" by Anthony Doerr
Tuesday, Nov 17th 7:00 p.m.	Lake NOW Monthly Meeting Jeannie Economos Farmworker Assoc. of Central Florida W.T. Bland Library, Mt. Dora
Tuesday, Dec 8, 2015 3:30 p.m.	NOW Book Club, W.T. Bland Library "Men Explain Things to Me" by Rebecca Solnit
Wednesday, Dec 16th 6:00 p.m.	Lake NOW Holiday Party/Reception Details to Follow
Wednesday, Jan 6, 2016	Lake NOW Board Meeting 4:00 pm Social 5:00 p.m. Details to Follow
Wednesday, Jan. 20th 7:00 p.m.	Lake NOW Monthly Meeting, W. T Bland Library New FLA Legislative Session Update and Sign-making for Roe v Wade Action
Friday, Jan 22nd At Dusk	Roe v. Wade Anniversary Activity Details Upcoming
See other events listed here	

ARE YOU BEING NOTIFIED when something happens? Do we have your current email address? Phone number? There may be messages that you might interest you but are not in the newsletter or on the web site and an email is sent to all members to keep them informed. If you have changed your address or just want to check to make sure, please contact us at contactlakenow@yahoo.com.

I am a feminist because it bothers me that a woman gets killed by her male partner every single week, and somehow that doesn't qualify as a tools-down national crisis even though if a man got killed by a shark every week we'd probably arrange to have the ocean drained.

Lake NOW Book Club

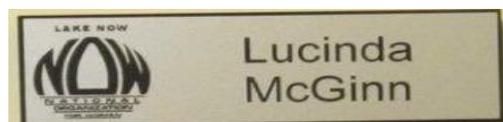
These books will be discussed by the Lake NOW Book Club.

Month	Book
Tuesday, Nov. 10, 2015	"All the Light We Cannot See" by Anthony Doerr
Tuesday, Dec 8, 2015	"Men Explain Things to Me" by Rebecca Solnit
Tuesday, January 12, 2016	"The Girl on the Train" by Paula Hawkins
Tuesday, February 9, 2016	"A Fighting Chance" by Elizabeth Warren
Tuesday, March 8, 2016	"Equal Means Equal," by Jessica Neuwirth
Tuesday, April 12, 2016	"Big Little Lies," by Liane Moriarty
Additional Reading	"The Handmaid's Tale," by Margaret Atwood; and "Icy Sparks," by Gwyn Hyman Rubio

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

Lake NOW Badges

Lake NOW is selling Lake NOW badges to its members. The badges look like the one shown below with the Lake NOW logo and the member's name. The badges can be purchased through Lake NOW for \$12 each. See an officer for more information.



The Day Icelandic Women Went on Strike

On October 24, 1975, the women of Iceland went on strike. They refused to work in any way, including childcare, cooking, cleaning, and going to any jobs outside the home. More than 90% of the island nation's women participated. One year later, the Icelandic politicians passed what would be the equivalent of our Equal Rights Amendment. Today, Iceland has the highest gender equality in the world. For more information on this story, go to <http://www.theguardian.com/world/2005/oct/18/gender.uk>
Perhaps we need to consider a nation-wide strike of women in the U.S. I nominate Women's Equality Day 2016.

"I want to be more than a rose in my husband's lapel."
Margaret Trudeau, wife of Canadian Prime Minister dude.

Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

MEMBERSHIP: The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

FINANCE: The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

NOMINATING: *The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be Board candidates. (NOW seeking members!)*

BYLAWS: *The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:*

- Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.
- Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.
- Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations. **(NOW seeking members!)**

COMMUNICATIONS/PUBLIC VISIBILITY:

- Technology: Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- Writers' Committee: Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- Public Visibility: Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities and contact local colleges, places of worship and non-profits.
- Telephone Outreach: Aid other committees and officers when networking by telephone is requested.

LEGISLATIVE COMMITTEE: Track legislative issues, bills and amendments and report to the membership.

ACTION COMMITTEE: Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

STRATEGIC PLANNING: Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it. This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee shall report to the membership on the status of the Plan (accomplishments, amendments, etc).

Lake NOW Board

President: labrys57@gmail.com	Lucinda McGinn (352) 602-7057
Vice-President: tnhurlbert@aol.com	Nancy Hurlbert (352) 483-4962
Secretary: lindajo_pfeiffer@yahoo.com	Linda Jo Pfeiffer (352) 406-1520
Treasurer: cookiew50@mac.com	Cookie Wright (305) 343-5327
Membership Director: carolflam@aol.com	Carol King (352) 483-2011
Immediate Past President: mssgcp@yahoo.com	Sandra Paradise (352) 343-2064

Lake NOW's Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women's rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW's purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

Our priority goals, include, but are not limited to:

- Addressing women's health issues and reproductive rights
- Stemming violence against women
- Improving and promoting diversity/ending racism
- Encouraging economic justice and labor rights.

Lake County

National Organization for Women
P.O. Box 1134, Mt. Dora, Florida 32756
E-mail address: contactLakeNOW@yahoo.com
lakenow.weebly.com
Facebook: Lake-NOW
Twitter: lake_now

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW).

Monthly meetings

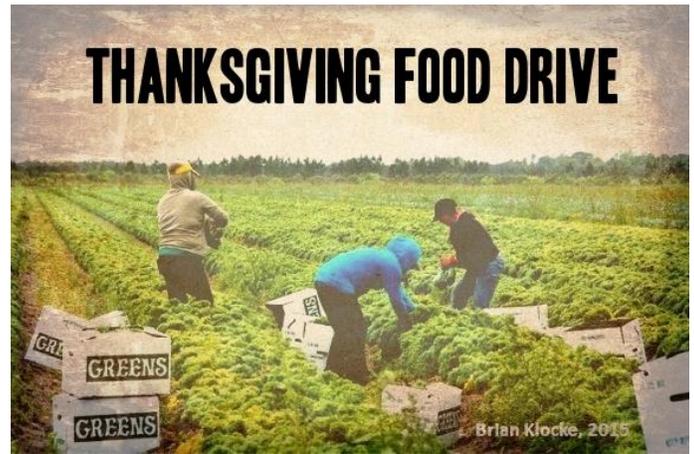
Third Wednesday of each month at 7 p.m.
(Exceptions will be announced on the web page and in the newsletter)

Meetings held at W. T. Bland Library

**1995 N. Donnelly St., Mt Dora, Florida 32757
Organized 2012**



This Thanksgiving, give thanks for the food on your table and give thanks for the farmworkers who put it there! The Farmworker Association of Florida in Apopka needs food for their **Thanksgiving baskets!**



Some of the foods people need the most are:

- dried or canned beans
- corn meal
- cooking oil
- milk
- tortillas
- canned vegetables
- flour
- fresh foods (closer to Thanksgiving)
- rice
- and cash! (used to purchase turkeys)

Farmworkers feed us. We all depend on their labor. But the people who plant, grow, and harvest our food often struggle to feed their own families due to low wages and dangerous working conditions. According to the Census Bureau, 21-32% of single adults and 15-21% of families in South Apopka are living in poverty. Compare that to 13.5% and 10% nationally. Apopka has a large farmworker population who work in the greenhouses and nurseries in the area. Their work is critically important to our community's local economy. Since 1983, the Farmworker Association of Florida has fought to obtain better living and working conditions for farmworkers - including freedom from hunger.

BRING YOUR FOOD CONTRIBUTIONS TO OUR NOVEMBER 17TH MEETING!!!



PRO-CHOICE REPUBLICAN WIVES



Do not put such unlimited power into the hands of the Husbands.
Remember all Men would be tyrants if they could. -Abigail Adams

A PUBLIC SERVICE ANNOUNCEMENT FROM GLITTERSNIPE.COM

Behind Every Great Woman??

The Republican position on abortion has not always been quite as hardline as it is now. In fact, many wives of Republican leaders have been pro-choice.

Pat Nixon, wife of President Richard Nixon, said in 1972 that she was pro-choice. A year later she said, "I'm really not for abortion. I think it's a personal thing. I mean abortion on demand—wholesale."

Betty Ford, wife of President Gerald Ford, was adamantly pro-choice. As First Lady she supported the Equal Rights Amendment and women having safe and legal abortions.

Nancy Reagan, wife of President Ronald Reagan, supported him while he was in office. However, in Sept 1994, she said in a speech at George Washington Univ. "I'm against abortion. On the other hand, I believe in a woman's choice." Laura Bush, wife of President George W. Bush, broke with her husband in 2010 and stated that she supported gay marriage and abortion rights. She and her husband disagreed about this but she did not contradict him while he was in office. Her mother-in-law, Barbara Bush, wife of President George Bush, has also stated that abortion is "a personal choice" and, "The personal things should be left out of, in my opinion, out of platforms and conventions."

Cindy McCain, wife of Senator John McCain, stated in 2008 during an interview with Katie Couric when her husband was campaigning for president, that she did not believe Roe vs. Wade should be overturned.

Diana Fine Cantor, wife of Senator Eric Cantor, explained during a **60 Minute's** interview in 2012, that she supports reproductive freedom and gay rights, the opposite positions of her husband.

Does this convince anyone that we need more women in politics?



Eight Things the History Books Don't Tell Us About Native People

by Vincent Schilling

Originally published on Indian Country Today Media Network.

Do history books written by white folks tell the truth about Natives in the US? We think not. Here are just some of the things they fail to mention.

1. Columbus NEVER landed in the Upper 48—Ever

Every year across the country countless elementary school students recite: "In 1492, Columbus sailed the ocean blue," and many perform a play about him discovering Indians in America. The thing is, Columbus never landed in what would become the United States. He actually landed in the Caribbean.

2. Basically Everything About Pocahontas

Pocahontas was about 8 years old when John Smith arrived, and was later married to another young Indian warrior. She also had a child that was given away before she was kidnapped by the English and then married to John Rolfe. Sorry Disney, and many incorrectly written textbooks, Pocahontas never fell in love with John Smith.

According to tribal oral histories as well as *The True Story of Pocahontas* by members of the Mattaponi Tribe, Pocahontas' original young Native husband was killed and Pocahontas' newborn was given to relatives before she was forced into captivity at about 15 or 16 years of age.

3. The First Thanksgiving

Thanksgiving was named after an entire tribe's massacre — not a peaceful meal between pilgrims and Indians. In 1621, Wampanoag Indians investigated gun and cannon fire at a Pilgrim settlement to see them celebrating a successful harvest. The Indians — all male warriors, were fed as a gesture of peace. **The act was not repeated annually.**

In 1636, when a murdered man was discovered in a boat in Plymouth, English Major John Mason collected his soldiers and killed and burned down the wigwams of all the neighboring Pequot Indians who were blamed for the murder.

The following day, Plymouth Governor William Bradford applauded the massacre of the 400 Indians, including the women and children. The Governor of the Massachusetts Bay Colony, William Newell, proclaimed: "*From that day forth, shall be a day of celebration and thanks giving for subduing the Pequots.*"

For the next 100 years, every Thanksgiving Day ordained by a governor was in honor of the bloody victory, thanking God that the battle had been won.

4. What is a Redskin?

"It was only five generations ago that a white man could get money for one of my grandfather's scalps," wrote 1491's comedian Dallas Goldtooth on Facebook. "At this time... it was 'Redskin' that was used to describe us."

In his post, Goldtooth also included a newspaper clipping from after the U.S. Dakota Wars of 1862: "The state reward for dead Indians has been increased to \$200 for every red-skin sent to Purgatory."

5. Lincoln Ordered a Mass Execution

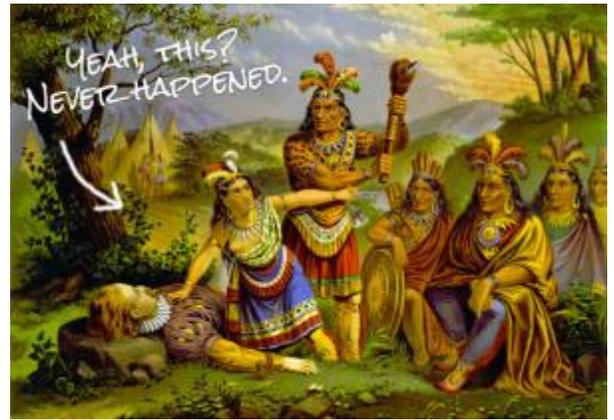
In the fall of 1862, Native tribes in Minnesota waged war on white settlers out of frustration from starvation, mistreatment and harsh conditions. After soldiers captured over 300 Indians, President Abraham Lincoln approved the largest mass execution in U.S. history on 38 Dakota men. On the day of their hanging, an estimated 4,000 spectators watched them hung. Their bodies were later taken and used as medical cadavers.

6. Hitler Studied Reservations

There are many accounts of the Nazis and Hitler studying Indian reservations for guidance in planning encampments for Jewish people. Perhaps Lia Mandelbaum says it best in her article found in the Jewish Journal entitled "Hitler's Inspiration and Guide: The Native American Holocaust."

From 1863 to 1868, the U.S. military persecuted and imprisoned 9,500 Navajo (the Diné) and 500 Mescalero Apache (the N'de). Living under armed guards, in holes in the ground, with extremely scarce rations, it is no wonder that more than 3,500 Navajo and Mescalero Apache men, women, and children died while in the concentration camp.

During the film I learned about something that shook me to my core that I had not heard before. I learned that the genocidal mentality and actions of the U.S. policy makers would find similar expression years later when the Nazis, under Hitler, studied the plans of Bosque Redondo to design the concentration camps for Jews.



7. There Are 566 Federally Recognized Tribes in the U.S.

When I was a student in high school, I learned that George Washington saw Indians in Virginia and possibly heard once or twice about the Cherokee Trail of Tears. But in 18 years of public school (and a few of private Catholic School) — not once did I learn about the multitude of tribes, languages or cultures involved in this country. **Not once.**

8. Unwritten History of African Americans and Natives

Dr. Arica L. Coleman is the assistant professor of Black American Studies at the University of Delaware. She is African American and Native American (Rappahannock). Due to her ancestry, she has done a lot of thinking about the relations and interactions of Blacks, Indians and whites on the East Coast, primarily in Virginia. According to Coleman, who turned her Ph.D. dissertation into a book titled *That the Blood Stay Pure, there was Indian slavery in Virginia*.

"The first slaves in the Americas were Native American and this business that the Native Americans died off as a result of disease and war [is inaccurate]—those were not the only reasons for their demise, **there was the Indian slave trade, which is something we do not discuss a lot,**" she writes. Coleman also writes about Walter Plecker, a man who once worked as the first registrar of Virginia's Bureau of Vital Records. A man who literally changed races in Virginia's birth records. His actions have been coined as "pencil genocide."

Similarly, William Loren Katz, the author of *Black Indians* has written how entire cities of blacks and Indians came together as a strong force against European settlers including huge factions of black Seminoles who created nearly impenetrable forces against those soldiers foolish enough to try and break into Florida, and suffered miserable defeats over several years.

Vincent Schilling is the Executive Vice President and co-owner of Schilling Media, Inc. a Native American owned Media and Media Relations Corporation.



Mark Your Calendar

The Villages Democratic Club Regular Meeting will be held on Saturday, November 14th at 9:45 a.m. at Colony Cottage in The Villages. Congressman Alan Grayson, Democratic candidate for U.S. Senate will be the speaker. Contact Bob Janson at rjanson1939@gmail.com.

Oklawaha Valley Audubon Society and Trout Lake Nature Center Co-Host a Special Presentation – Saturday, November 14th. Refreshments begin at 2 p.m. Trout Lake Nature Center is located at 520 East CR 44, Eustis. This special presentation will be by [Cynthia Barnett](#), an award-winning journalist who has reported on water and climate worldwide, from the Suwannee River to Singapore. This special presentation is partially funded through a grant from the Florida Humanities Council. Phone for more information, 352-357-7536 or email tlnc.director@gmail.com.

Plantation Democrats Club Regular Meeting: Friday, November 20th at 5:00 p.m. at Hermitage Hall at The Plantation of Leesburg, 25201 U.S. Hwy 27 in Leesburg. We have an exciting program featuring Pam Keith, Democratic candidate for U.S. Senate. Come and meet her! If you have questions or need directions, contact Kathy Williamson at 352-315-1265 or at uffda_fyda@yahoo.com;

The Oklawaha Valley Audubon Society will sponsor a field trip to Rodman Dam near Palatka - Friday, November 20th. This controversial reservoir is scheduled for a drawn down this winter. In years past this has created a unique opportunity to see a large number of birds on the dry lake bottom. Very little walking. **Carpool departs at 8 am** from the Winn Dixie shopping center at SR 19 and CR 44 A, North of Eustis. Bring a picnic lunch. Leader, Linda Bystrak 352-2207 or linda@bystrak.com.

Lake County Veterans Caucus of Florida Regular Monthly Meeting – Tuesday, November 24th at 6:00 p.m. at the Leesburg Public Library, 100 East Main Street in Leesburg. "Tank" Olsen will speak to us about the voting records of various candidates relative to veterans' issues. For more information, contact Bill Boyer at admanbb.boyer@gmail.com; 352-346-6271.



"Mansplaining" is the word for when a man explains something to a woman that she obviously already knows. Such as when a woman has been introduced as an expert on something (anything from medieval linguistics to beer brewing to unicorn wrangling), and the man she has been introduced to proceeds to tell her all about her subject.

BeulahDevaney
BuzzFeed Contributor

A Beginner's Guide To Contemporary Feminist Language