



LAKE NOW NEWS

September 2015

September Lake NOW Meeting

September 16th: Join us for a Field Trip to Rollins' *Ideas in Residence Institute*, where the keynote speaker will be Leymah Gbowee, winner of the Nobel Peace Prize in 2011 for her work in leading a women's peace movement that brought an end to the Second Liberian Civil War in 2003.



Leymah is the founder and president of Gbowee Peace Foundation Africa based in Liberia. Her foundation provides educational and leadership opportunities to girls, women and youth in West Africa. - See more at <http://www.rollins.edu/rollins-winter-park-institute/events/2015-2016/leymah-gbowee.html>

Meet at Starbucks in Mt. Dora (US 441/CR 44) at 4 PM to carpool to the event.

Beforehand, we will stop and have dinner at *Ethos Vegan Kitchen*- <http://www.ethosvegankitchen.com/menu.html>

We will leave Ethos for Rollins College at 6:45 PM; Rollins presentation begins at 7:30 PM.

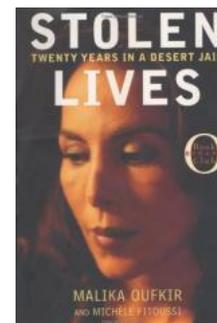
If you want to drive separately, you may meet up with us at Ethos - 601-B So. New York Ave., Winter Park - for dinner, or drive directly to Rollins at 231 North Interlachen Ave., Winter Park, FL 32789 for the presentation at 7:30 p.m.

NEWSLETTER SUBMISSIONS

We encourage members to submit articles for our monthly newsletter. Submissions submitted after the first day of the month may need to be placed in the next month's issue. Please send to contactLakeNOW@yahoo.com Please type your newsletter submissions directly into the body of your text formatted email and do not use HTML or RTF format or special fonts. Submissions may be vetoed by the NOW board and/or edited for clarity and brevity.

Book Review

Stolen Lives by Malika Oufkir met with mixed reviews at our August book club meeting. In *Stolen Lives*, Oufkir recounts the many years that she, her five siblings, and her mother spent trying to survive horrific conditions while incarcerated at the hands of the King of Morocco. As her story progresses, we learn of how Malika goes from being a member of a very privileged class to an imprisoned young woman subjected to unimaginable deprivation. In the book, Oufkir describes how she was able to keep the family spirits alive by creating a fictional story, similar to our modern day television soap opera. Their eventual escape from captivity is filled with honest emotion and a sense of desperation. *Stolen Lives* is ultimately a heartrending account of the Oufkir family's unbreakable bond and a testament to the resilience of the human spirit.



Notably, Oufkir collaborated in the writing of this book with her journalist friend. The writing style of this novel may be the reason that some of our book club members found it difficult to relate to the story and/or be drawn into the drama of the events. Other members felt that her story was compelling enough to overlook the journalistic flavor of the writing.

However, the Moroccan Couscous, figs and mint green tea, prepared by facilitator, Linda Jo Pfeiffer, appeared to have whet the palette for Oufkir's next book, *Freedom: The Story of My Second Life*. We look forward to more NOW members joining us in September for a lively discussion, food and fun and our next selection, *Midwives* by Chris Bohjalian.

Program Suggestions

Lake NOW wants your suggestions for upcoming programs. Feel free to send ideas for things you might want to know more about to the Lake NOW vice-president, who is responsible for arranging programs.

President's Message

Time is as usual moving forward and now we have arrived at the traditional autumnal marker of Labor Day. Schools have reopened and it won't be long now before we move into somewhat cooler temperatures. Many of us have



done some traveling during the summer season. I made a fairly brief, but very wonderful, trip to the northeast to visit with family there. It was certainly a change of pace from earlier in the summer when I was attending NOW conferences and feeling inspired by the wonderful women in this organization from all around our nation.

This month we do have some interesting things on our calendar. I would like to remind that we ALWAYS have our social on the first Wednesday of the month, and the location is announced in the newsletter and on the website.

Additionally, we have Karen Salvat's robocalls to remind us of our meetings and events and I send out a reminder on Facebook for those who follow us there. We have been having very small, but dedicated, attendance at our socials, and would love to see more of you attending.

In October, we will be going to Pisces Rising for our social and that will be on October 7th. Upcoming right away is our September "field trip" meeting in which we will go to Rollins Winter Park Institute's opening event. Details on that are [elsewhere](#) in the newsletter, and if you want to carpool, you should contact Nancy Hurlbert as soon as possible so that we will know how many people we will need to accommodate. Coming up a bit later in the month is Lake NOW's board meeting. During that meeting, to be held at the W.T. Bland Library Community Room on September 23rd at 4:00 p.m., we will be looking at the rest of this year and projecting what we will be doing. Members are always welcome to join us at the board meeting and it is helpful to have input and ideas from everyone.

We recently received a notice from The Haven regarding their event "Haven Fest 2015." This event is on October 10th in Leesburg and I think it would be great to have a Lake NOW presence there. Finally, as you all are well aware, our sister organization Planned Parenthood has been under attack from the conservative right and one action we can all take is to do whatever we can to support them. Speaking out in our communities to counter the negative information is a small way we can help. I currently have the tag "I stand with Planned Parenthood" as part of my Facebook profile picture and I also signed on to stand with them on their website. If you can afford to help them with a donation, that is another good way to stand with them.

In sisterhood, Lucinda

Amelia Platts Boynton Robinson, an American activist who was a leader of the American Civil Rights Movement in Selma, Alabama and a key figure in the 1965 Selma to Montgomery marches, died on August 26, 2015 at the age of 110. Read National [NOW's tribute here](#).

Legislative Update...

by Nancy Hurlbert

Legislative/Voting Calendar

Special Session B on Congressional Reapportionment began Monday, August 10th for a period of 12 days, ending at 12 noon on Friday, August 21...No agreement between the two chambers.

Special Session C has been scheduled for October 19, 2015 through November 6, 2015. Special Session C will coincide with two previously scheduled interim committee weeks. During Special Session C, the Florida Legislature will enact a new map for Florida's Senate districts...*maybe!*

December 9, 2015 - *Lake County Delegation Meeting* 1-5 PM at LSSC Auditorium

The Regular Session will convene on Tues., January 12, 2016 and run through March 8, 2016

Important Voting Dates

November 3, 2015 - *General Election*

Early Voting: Oct. 19th - Oct. 31st 2015

March 15, 2016 - *Presidential Primary*

Early Voting: Feb. 29th - March 12th, 2016

Week of July 25th, 2016 - *Democratic National Convention* in Philadelphia, PA

August 30, 2016 - *Primary Election*

Early Voting: Aug. 15th - Aug. 27th 2016

November 8, 2016 - *General Election*

Early Voting: Oct. 24th - Nov. 5th 2016

Absentee Ballots are mailed out approximately 5 weeks before each election.

Last day to *register to vote* is 29 days before each election

Lake NOW Calendar

Tuesday, Sept. 8 3:30 p.m.	Lake NOW Book Club WT Bland Library Mt. Dora More info
Wednesday, Sept. 16	September Meeting - On Location Ethos Vegan Kitchen and Rollins College Click here for more information.
Wednesday, October 7 5:00 p.m.	Lake NOW Social Pisces Rising - 239 W 4th Ave, Mt Dora (Now separate from Board Meeting, so no business, just too much fun)
October 10 9:00 - 2:00	A Walk in Their Shoes 6th & Main St. Leesburg Pre-Registration \$15 (incl T-Shirt and Lunch)

MARK YOUR CALENDAR....

Thursday, September 10th at 6:30 p.m.

The Democratic Executive Committee (DEC) Meeting of the Lake County Democratic Party will meet at the Tavares Civic Center, 100 E. Caroline St. Light supper for \$7 at 6:00 p.m. All Democrats are welcome!

Saturday, September 12th

The Golden Triangle Democratic Club (GTDC) Next Regular Meeting will be held at the W.T. Bland Library, 1995 North Donnelly Street in Mount Dora. Doors open at 10:00 a.m. and the business session starts at 10:30. All Democrats are welcome. Contact Preston Garrison, President, at pjgarrisonpjg@aol.com.

Wednesday, September 16th.

Field Trip to Rollins College Ideas in Residence Institute with keynote speaker Leymah Gbowee. Click [here](#) for more information.

Monday, September 21st at 5:30 p.m.

The Greater Leesburg Democratic Club's Regular Monthly Meeting will be held on at the Leesburg Public Library at 100 East Main Street. For more information, contact Louis Ward at poppalouis1@hotmail.com.

Tuesday, September 22nd at 9:00 a.m.

The Villages Democratic Club Breakfast will meet at Tierra del Sol in The Villages. All Democrats are welcome. Contact Bob Janson at rjanson1939@gmail.com.

As Laurel Thatcher Ulrich wrote, "Well-Behaved Women Seldom Make History"

Mary Harris Jones...aka *Mother Jones*

Labor and community organizer
(1837 - 1930)

Mary Harris Jones worked as a teacher and dressmaker, but after her husband and four children all died of yellow fever in 1867, and her dress shop was destroyed in the Great Chicago Fire of 1871, she began working as an organizer for the Knights of Labor and the United Mine Workers union. From 1897, at around 60 years of age, she was known as Mother Jones. In 1902 she was called "the most dangerous woman in America" for her success in organizing mine workers and their families against the mine owners. In 1903, upset about the lax enforcement of the child labor laws in the Pennsylvania mines and silk mills, she organized a Children's March from Philadelphia to the home of then president Theodore Roosevelt in New York. *Mother Jones* magazine, established in 1970, is named for her.



The Other Things

We all know the big things that would change if men and women were treated as equals. We would have equal pay, fewer women in poverty, less violence towards women, better representation in our government, and equity in the number of women at all levels of management for starters. What else could we expect to change? Here are some ideas from a variety of people.

- When you drive by a named place, about half would not be named [Insert male name here] Interchange or [Insert male name here] Highway because women's accomplishments would be valued and memorialized as much as men's.
- At a rest stop there would not be lines at the women's restroom because both men and women would be responsible for helping other members of the family.
- Our currency and coins would have women on them, because women also helped found our country.
- The Lily Ledbetter Act would be unnecessary, because we could trust our employers to value women the same as men and pay us equally.
- The first 'female Viagra' wouldn't be just now hitting the shelves -- decades after men's Viagra. The same would be true for men's birth control.
- The frontrunner of the Republican primaries would not be in the news repeatedly for disrespecting women every time one expresses a view contradictory to his own. Instead, the frontrunner would be respected for her innovative ideas and leadership.
- Gay couples would have no trouble adopting, because everyone would realize that a child needs good role models to grow up well and gender has nothing to do with that.
- Rape victims would feel safe coming forward knowing they would be believed and treated respectfully, and people would realize that both men and women can be sexually assaulted.
- Decisions about female health care would be a matter of personal choice and not voted upon by a legislature.
- The expectation when a woman accomplished something significant would be that it was her ability and effort that made it possible. This would NOT be a surprise that had to be explained because she was a woman.
- The village that raises that child would include both men and women.

ARE YOU BEING NOTIFIED when something happens? Do we have your current email address? Phone number? There may be messages that you might interest you but are not in the newsletter or on the web site and an email is sent to all members to keep them informed. If you have changed your address or just want to check to make sure, please contact us at contactlakenow@yahoo.com.

Lake NOW Book Club

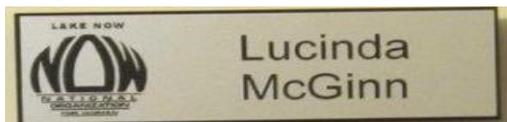
These books will be discussed by the Lake NOW Book Club.

Month	Book
Tuesday, Sept. 8	"Midwives" by Chris Bohjalian
Tuesday, October 13	"Blanche Cleans Up" by Barbara Neely
Tuesday, Nov. 10	"All the Light We Cannot See" by Anthony Doerr
Tuesday, December 8	"Men Explain Things to Me" by Rebecca Solnit
Tuesday, January 12, 2016	"The Girl on the Train" by Paula Hawkins
Tuesday, February 9, 2016	"A Fighting Chance" by Elizabeth Warren

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

Lake NOW Badges

Lake NOW is selling Lake NOW badges to its members. The badges look like the one shown below with the Lake NOW logo and the member's name. The badges can be purchased through Lake NOW for \$12 each. See an officer for more information.



Lake NOW's Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women's rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW's purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

Our priority goals, include, but are not limited to:

- Addressing women's health issues and reproductive rights
- Stemming violence against women
- Improving and promoting diversity/ending racism
- Encouraging economic justice and labor rights.

Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

MEMBERSHIP: The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

FINANCE: The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

NOMINATING: The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be Board candidates.

BYLAWS: The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:

- Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.
- Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.
- Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations.

COMMUNICATIONS/PUBLIC VISIBILITY:

- Technology: Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- Writers' Committee: Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- Public Visibility: Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities, as well as contact local colleges, places of worship and non-profits.
- Telephone Outreach: Aid other committees and officers when networking by telephone is requested.

LEGISLATIVE COMMITTEE: Track legislative issues, bills and amendments and report to the membership.

ACTION COMMITTEE: Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

STRATEGIC PLANNING: Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it. This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee shall report to the membership on the status of the Plan (accomplishments, amendments, etc).

Lake NOW Board

President: **Lucinda McGinn**
labrys57@gmail.com (352) 602-7057

Vice-President: **Nancy Hurlbert**
tnhurlbert@aol.com (352) 483-4962

Secretary: **Linda Jo Pfeiffer**
lindaio_pfeiffer@yahoo.com (352) 406-1520

Treasurer: **Kelda Senior**
keldasenior@gmail.com (352) 552-1761

Membership Director: **Carol King**
carolflam@aol.com (352) 483-2011

Immediate Past President: **Sandra Paradise**
mssgcp@yahoo.com (352) 343-2064

Lake County

National Organization for Women
P.O. Box 1134, Mt. Dora, Florida 32756
E-mail address: contactLakeNOW@yahoo.com
lakenow.weebly.com
Facebook: Lake-NOW
Twitter: lake_now
Lake NOW is a chapter of the non-partisan Florida
and National Organization for Women (NOW).

Monthly meetings

Third Wednesday of each month at 7 p.m.
(Exceptions will be announced on the web page
and in the newsletter)

Meetings held at W. T. Bland Library
1995 N. Donnelly St., Mt Dora, Florida 32757
Organized 2012

Is the Equal Rights Amendment Still Relevant in the 21st Century? Can you guess the answer to this question, but perhaps are not sure why? Read a soon to be published [article](#) on the National NOW website for the explanation.

Memes We Deem Sublime (or Lines We Find Sublime)

If you're promoting changes to women's behavior to "prevent" rape, you're really saying, "make sure he rapes the other girl." via@itsmotherswork liberals are cool

Why do conservatives seem to believe that outlawing guns won't prevent gun violence, but outlawing abortion will prevent abortion? 

Stand with NOW and let the below Presidential hopefuls know you won't stand for their attacks on women's rights. Add your name to the 2015 Reproductive Rights Pledge.

Take Action!



“ I think the right approach is to accept this horribly created—in the sense of rape—but nevertheless a gift in a very broken way, the gift of human life, and accept what God has given to you. ”

—Rick Santorum



“ If Hillary Clinton can't satisfy her husband, what makes her think she can satisfy America? ”

—Donald Trump



“ I intend to lead the fight in the United States Senate to defund Planned Parenthood, even while investigations continue. ”

—Ted Cruz



“ In [the case of rape or incest], again, it's an unborn life, it's an unborn child, and that's why we feel strongly about it. ”

—Scott Walker



Take Action!