



# LAKE NOW NEWS

January 2015

## President's Message



Happy New Year, everyone! I am not normally big on New Year's resolutions. I figure that if I want to make a change, why wait until New Year's to start? But in the spirit of getting on with the program here are some resolutions I have learned from my dear Dad.

- Smile at strangers. You never know the burden they are carrying.
- Speak kind words whenever you can. Too often the good things are whispered and the bad things are shouted. With practice you will get better at noticing the good in everyone – and saying it.
- Say thank you even for the little things. Everyone needs to feel appreciated.
- Notice the beauty around you. It is there.
- Share the beauty around you with others. Doing otherwise is selfish.
- Take care of yourself. You cannot be the best for others if you are not the best for yourself. Plus, it unburdens others of that task.

I hope all of you have the best year ever.

Sandra Gray Paradise, Lake NOW President

## Secretary's Message



What an extraordinary way for our LGBT friends to begin the New Year! With the decision by U.S. District Judge Robert Hinkle of Tallahassee weeks of speculation and legal maneuvers ended January 1, 2015, as clerks throughout the state waited to hear whether gay marriage would become legal statewide, thus making

Florida the 36<sup>th</sup> state to recognize and allow gay marriages. Kudos to the ACLU, Equality Florida, and

all the organizations and members of the LGBT community, and others who persevered to make this historic event possible. Congratulations!

For me, personally, the beginning of the New Year holds much promise – I see it as a blank slate, a *tabula rasa*, each day ready for me to fill as I choose. My promise to myself includes enjoying the nature around me and giving back to the community to the best of my ability. This promise hit home last week when I heard a program on NPR about a study relating to whether giving or receiving gives us greater joy. The study focused on three year old toddlers. Each was given marshmallows to either eat themselves or to share with stuffed monkeys they were given. The study revealed the toddlers who shared their marshmallows with the monkeys were much happier than those toddlers who ate the marshmallows themselves. These findings give all of us much to think about during the coming year.

Let me finish with my quote for the month:

***None of us knows what the next change is going to be, what unexpected opportunity is just around the corner, waiting to change all the tenor of our lives.*** Kathleen Norris, 1947 - American writer.

Happy New Year!

Barbara Hill, Lake NOW Secretary

## January Meeting

Who: Members and Visitors

What: Lake NOW Monthly Meeting

Where: W.T. Bland Library, Mt. Dora

When: January 21, 2015 at 7:00 pm

Topic: A Facilitated Discussion of Roe v. Wade's 42 Anniversary and Why It is Important

Following the discussion, we will hold our general membership meeting, at which time there will be a presentation of the slate for our February election by the nominating committee and nominations will be accepted from the floor.

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## Treasurer's Message



End of the year has come and gone. Time to keep all those resolutions. Hope one of them will be to participate in some of our many events throughout the year.

At the Holiday Party, what a fun time, we sold the remaining chances for this round of the Sisterhood Fund Raffle. Nancy Hurlbert was the winner and will have her dues paid for the next year. What a wonderful way of getting another year for only a \$2 chance and only 25 names in the hat! Come try your luck for the next draw. Also we are still selling shirts and name tags. If you are not getting our telephone reminders for our socials, meetings and special events please contact me directly. Remember we cannot contact a cell phone number unless we have permission. See you at our next social and/or meeting. Hope your new year will be great!

Karen Salvat, Lake NOW Treasurer

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## Membership Director's Message



Happy new year to all. This year and this month recall two important dates. It is the 42nd anniversary of "Roe v. Wade," a landmark decision for women and a law that is sadly being challenged in some states. This year is also the 60th anniversary of the integration of the

Metropolitan Opera. In January of 1955, Marian Anderson starred in Verdi's "The Masked Ball." Twenty days later, Robert McFerrin, Bobby McFerrin's father, made his Metropolitan Opera debut. I propose a new year's toast to these remarkable people whose action and talents have had a positive impact on our lives.

Deana Goldstein, Lake NOW Membership Director

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## Lake NOW Socials

Our January social took place at Zachary's in Leesburg. We had a nice group of members there to chat and visit with each other. It can be very nice to meet with other NOW members in a more social setting rather than the more formal meetings. Our next social will be on February 4th and we are returning to the Ruby Street Grill in Tavares. Hope to see you there!

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## Vice President's Message



Welcome to 2015! As each new year starts off, it is a blank tablet in which we begin to mark down our experiences. There is much that can still happen this year and I hope that as progressives we will see progress in many arenas. The month is off to a wonderful start

with the beginning of marriage equality here in Florida. It seems like such a short time since the prevailing wisdom was that no way would marriage equality make any inroads in this state. At the time of the elections in November this seemed doubly unlikely as we would continue with the same leadership. How quickly that turned around with the refusal of the 11th Circuit Court to grant AG Pam Bondi's request to extend the stay on the ruling that would allow marriages to take place. Despite further attempts to delay the right for LGBTQ marriage, on January 1st Judge Hinkle confirmed that equality was here and that all counties in the state would have to issue marriage licenses at the end of the stay. It has been a joyous few days to be able to read about all the marriages that are taking place now that licenses have been granted and couples may marry. Sadly, there is also news that many counties which previously offered a room and an officiant to provide marriages at the courthouse are now planning on NOT providing that to ANY couples in order to deny them to LGBTQ couples, and Lake County is among them. I expect as we see 2015 unfold, most, if not all, of the holdout counties will either quietly or publicly change their stance if we can just make enough noise to keep them uncomfortable.

Changes are in the works in our organization as well, as our annual elections are coming up. As Sandee wrote in her letter to the membership last month that she is making changes for personal reasons and is not running for another term as president, I have agreed to run for that position. Further, our secretary and treasurer have been in their positions for the maximum number of terms and so will not be running again. This makes this an important crossroads for the board, and I hope that whoever does end up being elected will continue the excellent work of making this organization one of which we can all be proud. Please bear in mind that nominations are open right up to the actual election and if you or a member you know are interested in running for a position on the board to submit the nomination. It is our participation that makes this organization successful!

Lucinda McGinn, Lake NOW Vice President

**ARE YOU BEING NOTIFIED** when something happens? Do we have your current email address? Or phone number? There are often messages that you might interest you but do not necessarily appear in the newsletter or web site and an email is sent to all members to keep them informed. If you have changed your address or just want to check to make sure, please contact Sandra Gray Paradise.

## Lake NOW Book Club

Following is a listing of books will be discussed by the Lake NOW Book Club throughout the next several months.

|                          |                                                                              |
|--------------------------|------------------------------------------------------------------------------|
| <b>January 13, 2015</b>  | <b>"Book of Ages: The Life and Opinions of Jane Franklin" by Jill Lepore</b> |
| <b>February 10, 2015</b> | <b>"Redefining Realness" by Janet Mock</b>                                   |
| <b>March 10, 2015</b>    | <b>"A House in the Sky" by Amanda Lindhout and Sara Corbett</b>              |
| <b>April 14, 2015</b>    | <b>"The Immortal Life of Henrietta Lacks" by Rebecca Skloot</b>              |

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

## NEWSLETTER SUBMISSIONS

Members are encouraged to submit articles for our monthly newsletter. You may submit proposed articles by sending them to [contactLakeNOW@yahoo.com](mailto:contactLakeNOW@yahoo.com). Please type your newsletter submissions directly into the body of your text formatted email. Please do not use HTML or RTF format or special fonts. Submissions may be vetoed by the NOW board and/or edited for clarity and brevity.

Next month's deadline for submissions: 2/1/15

## Lake NOW Badges

What better way to show pride in your organization than having your own personal badge to wear at meetings and actions? We continue to sell personalized Lake NOW badges to members at the



incredibly low price of \$12 each. The badges look like the one shown here. They attach to clothing via magnets, so will not damage your clothing by unsightly pinholes. What are you waiting for? To place your order, please contact Karen Salvat.

## Lake NOW's Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women's rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW's purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

Our priority goals, include, but are not limited to:

- Addressing women's health issues and reproductive rights
- Stemming violence against women
- Improving and promoting diversity/ending racism
- Encouraging economic justice and labor rights.

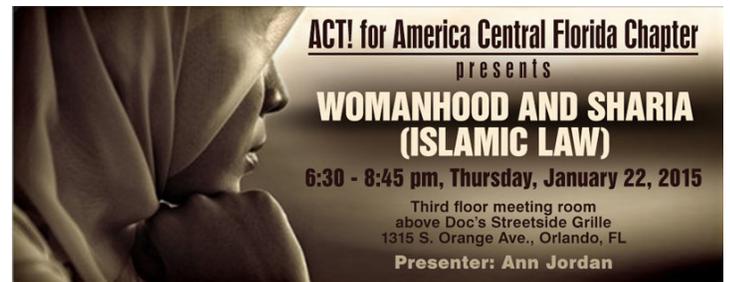
## Suggested Programs

Is there an issue that you would like to learn more about that you have not seen us do yet? Lake NOW wants your suggestions for upcoming programs. Do you know a speaker who can present a dynamic topic to our membership? Please send your ideas and information to the Lake NOW vice-president, who is responsible for arranging programs.

## Families in Transition

Now that we are in the school year, Lake NOW has resumed our efforts to gather donations for this fine program. If you remember, we have been collecting peanut butter and jelly, cereal, large containers of shampoo, and shelf-stable milk. You may bring your donations to our monthly meetings and they will be delivered to the program center in Howey-in-the-Hills following the meeting.

If you missed Lake NOW's presentation on Women and Sharia, Ann is presenting it in Orlando this month.



## Lake NOW Calendar

|                                                 |                                                                                                                                                                                                     |
|-------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Wednesday,<br>January 7,<br>2015<br>4:00 p.m.   | Lake Now Board Meeting<br>Zachary's Bar & Grill<br>26736 US Highway 27, Suite 102<br>Leesburg                                                                                                       |
| Wednesday,<br>January 7,<br>2015<br>5:00 p.m.   | Lake NOW Social<br>Zachary's Bar & Grill<br>26736 US Highway 27, Suite 102<br>Leesburg                                                                                                              |
| Tuesday,<br>January 13,<br>2015<br>3:30 p.m.    | Lake NOW Book Club<br>"Book of Ages: The Life and Opinions of<br>Jane Franklin"<br>W.T. Bland Library                                                                                               |
| Wednesday,<br>January 21,<br>2015<br>7:00 p.m.  | Lake NOW Monthly Meeting<br>W.T. Bland Library<br>Topic: A Facilitated Discussion of Roe v.<br>Wade's 42 Anniversary and Why It is<br>Important<br>Presentation of slate by nominating<br>committee |
| Wednesday,<br>February 4,<br>2015<br>4:00 p.m.  | Lake Now Board Meeting<br>Ruby Street Grill<br>221 East Ruby Street<br>Tavares                                                                                                                      |
| Wednesday,<br>February 4,<br>2015<br>5:00 p.m.  | Lake NOW Social<br>Ruby Street Grill<br>221 East Ruby Street<br>Tavares                                                                                                                             |
| Tuesday,<br>February 10,<br>2015<br>3:30 p.m.   | Lake NOW Book Club<br>"Redefining Realness"<br>W.T. Bland Library                                                                                                                                   |
| Wednesday,<br>February 18,<br>2015<br>7:00 p.m. | Lake NOW Monthly Meeting<br>W.T. Bland Library<br>Topic: To be announced<br>Elections                                                                                                               |
| Wednesday,<br>March 4,<br>2015<br>4:00 p.m.     | Lake NOW Board Meeting<br>Location: To be determined                                                                                                                                                |
| Wednesday,<br>March 4,<br>2015<br>5:00 p.m.     | Lake NOW Social<br>Location: To be determined                                                                                                                                                       |
| Tuesday,<br>March 10,<br>2015<br>3:30 p.m.      | Lake NOW Book Club<br>"A House in the Sky"<br>W.T. Bland Library                                                                                                                                    |

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|----------------------------------------------------|------------------------------------------------------------------------------------|
| Wednesday,<br>March 18,<br>2015<br>7:00 p.m.       | Lake NOW Monthly Meeting<br>W.T. Bland Library<br>Topic: To be announced           |
| Friday<br>through<br>Sunday,<br>May 15-17,<br>2015 | Florida NOW State Conference<br>Venice Ramada Inn<br>425 US 41<br>Venice, FL 34285 |

## Nominating Committee

The nominating committee this year is comprised of Mary Flanagan and Pam Ward. They are tasked with reaching out to current eligible members to find candidates to run for the Lake NOW board in our upcoming election. They have been working since last fall and were at our January board meeting to present the names for the slate that will be offered at our election on February 18th. The nominees are as follows:

President: Lucinda McGinn

Vice President: Nancy Hurlbert

Membership Director: Carol King

Secretary: Linda Jo Pfeiffer

Treasurer: Kelda Senior

In addition to the slate offered, the chapter will accept nominations, including self nominations, either directly to one of the members of the nominating committee or at our January and February general meetings. Per the chapter's operating rules, candidates must have been members for no less than 12 months at the time of the election to be eligible for the position of President, and no less than 6 months for any of the other positions.

If you are interested in nominating someone for a position on the board, please contact Mary or Pam. Mary can be reached at [miflanagan30@gmail.com](mailto:miflanagan30@gmail.com) or at 352-343-5922 and Pam can be reached at [ward.j.pam@gmail.com](mailto:ward.j.pam@gmail.com) or 770-843-3936.

## Celebrate Dr. Martin Luther King, Jr. Day!

**Dr. Martin Luther King, Jr. Commemoration Parade: Saturday, January 17<sup>th</sup> at 11:00 a.m.** on Main Street in Leesburg. Come walk or ride with the Democrats. Just wear red, white and blue and line up on Magnolia Avenue near 5<sup>th</sup> Street by 10:30 a.m. We love to honor Dr. King's legacy.



## Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

**MEMBERSHIP:** The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

**FINANCE:** The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

**NOMINATING:** The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be candidates for the Board.

**BYLAWS:** The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:

- Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.
- Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.
- Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations.

### COMMUNICATIONS/PUBLIC VISIBILITY:

- Technology: Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- Writers' Committee: Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- Public Visibility: Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities, as well as contact local colleges, places of worship and non-profits.
- Telephone Outreach: Aid other committees and officers when networking by telephone is requested.

**LEGISLATIVE COMMITTEE:** Track legislative issues, bills and amendments and report to the membership.

**ACTION COMMITTEE:** Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

**STRATEGIC PLANNING:** Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it.

This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee shall report to the membership on the status of the Plan (accomplishments, amendments, etc).



## Lake NOW Board

|                          |                                                                          |                                       |
|--------------------------|--------------------------------------------------------------------------|---------------------------------------|
| President:               | <a href="mailto:msscgp@yahoo.com">msscgp@yahoo.com</a>                   | Sandra Gray Paradise<br>(352)343-2064 |
| Vice-President:          | <a href="mailto:labrys@comcast.net">labrys@comcast.net</a>               | Lucinda McGinn<br>(352) 602-7057      |
| Secretary:               | <a href="mailto:bmhill123@comcast.net">bmhill123@comcast.net</a>         | Barbara Hill<br>(352)589-1495         |
| Treasurer                | <a href="mailto:Karwag.sal@comcast.net">Karwag.sal@comcast.net</a>       | Karen Salvat<br>(352)385-0860         |
| Membership Director      | <a href="mailto:deanaegoldstein@gmail.com">deanaegoldstein@gmail.com</a> | Deana Goldstein<br>(615) 438-5225     |
| Immediate Past President | <a href="mailto:carolflam@aol.com">carolflam@aol.com</a>                 | Carol King<br>(352) 483-2011          |



## Lake County

### National Organization for Women

P.O. Box 1134, Mt. Dora, Florida 32756

**E-mail address:** [contactLakeNOW@yahoo.com](mailto:contactLakeNOW@yahoo.com)

[lakenow.weebly.com](http://lakenow.weebly.com)

Facebook: Lake-NOW

Twitter: lake\_now

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW).

Monthly meetings

Third Wednesday of each month at 7 p.m.  
(Exceptions will be announced on the web page and in the newsletter)

Meetings held at W. T. Bland Library  
1995 N. Donnelly St., Mt Dora, Florida 32757  
Organized 2012



## Win a 1-Year Membership

Beginning in February, 2014, members have been able to purchase tickets at each monthly meeting for \$2 each. When \$50 in tickets have been sold, a drawing will be held for a free 1-year membership in Lake NOW. Members need not be present to win provided correct contact information is written on the tickets purchased. At our holiday party we drew for our second winner for this "Sisterhood Fund," with Nancy Hurlbert being the lucky winner. We will continue on and hope to be ready for our third drawing before long, so get your tickets soon so that you will be in the running!



**Roe v. Wade Event  
Sponsored by Planned Parenthood.**

We encourage anyone who would like to attend this event to sign up for the tickets online as indicated in the flyer. Anyone interested in carpooling should contact Mary Flanagan at 352-343-5922 for arrangements. This is a great way to show our support for Roe v. Wade and for Planned Parenthood. If you have any NOW rounds, especially the "Keep Abortion Legal" round, bring them along!



**ONE NIGHT ONLY**

**ROCK N' ROE**

**2015**

**CELEBRATE 42 YEARS OF ROE V. WADE WITH PLANNED PARENTHOOD OF GREATER ORLANDO**

**THURSDAY • JANUARY 22, 2015**

**DOORS OPEN 6:30PM • SHOW STARTS 7PM • FOOD & CASH BAR**

**SLEEPING MOON CAFE**

**4951 N SEMORAN BLVD • WINTER PARK, FL 32792**

**KEYNOTE SPEAKER: THE HONORABLE PATRICIA SCHROEDER**

**PERFORMANCES BY WHISKEY FAITHFUL & ORANGE CREEK RIDERS**

**\$15 PRE-SALE • \$20 AT DOOR • TICKET SALES START: 12-24-14**

**FIND TICKETS AT: [WWW.PPGO.ORG](http://WWW.PPGO.ORG)**

**IT'S ABOUT YOUR PERSONAL FREEDOM. YOUR BODY. YOUR RIGHTS.**

**YOU HAVE A VOICE, TIME TO USE IT!**