



LAKE NOW NEWS

October 2014

President's Message



October is Domestic Violence Awareness Month and Breast Cancer Awareness Month. Both are important to NOW members. Fighting domestic violence is one the core issues for the National Organization for Women. Lake NOW supported this issue earlier this year with our fundraiser for the Haven of Lake & Sumter Counties. We have also supported breast

cancer victims when members of Lake NOW participated in the annual Pink Tea.

In recognition of Domestic Violence Awareness Month, Lake NOW's October newsletter for the first time has a theme. This issue is dedicated to raising your awareness about domestic violence.

It began in 1981 with what is called the "Day of Unity" which is held the first Monday in October. The Day of Unity was intended to accomplish three things: mourn victims of domestic violence; celebrate the survivors of domestic violence; and support those who fight domestic violence.

In 1987, the first Domestic Violence Awareness Month was observed. Then, in 1989 the U.S. Congress passed a law recognizing October as National Domestic Violence Awareness Month. The Domestic Violence Awareness Project event was created in 1995 by the National Resource Center on Domestic Violence in partnership with several national domestic violence organizations. It is intended to raise awareness of the problems related to domestic violence in the hopes of reducing this worldwide problem.

Domestic violence encompasses more than just intimate partner violence, although this is a very significant part of it. It also includes sexual violence by strangers, elder abuse, and child maltreatment. Child maltreatment is the neglect or physical, sexual, or emotional abuse of children under 18 by caregivers. Elder abuse is the neglect or abandonment or abuse of individuals 60 years of age or older. The abuse of

elders includes physical, emotional, financial and sexual abuse.

We hope you find this issue enlightening.
Sandra Gray Paradise, Lake NOW President

Treasurer's Message



Fall has arrived and as we get back to our daily lives, let's not forget to save some time for community projects. Whatever you do, keep others in mind. Lake NOW is always thinking of ways to help our community, but without the funds to help we cannot do an adequate job. PLEASE put on your thinking caps and let us know what fund raising ideas you can come up with. As we prepare the budget for 2015, we need to include items from our membership. We need your help.

Congratulations to Barbara Hill as our first winner of our Sisterhood Fund Raffle. She won a year extension on her membership to Lake NOW. Tickets are only \$2.00 per chance and when we sell 25 chances we pull a winner. Purchase them at our monthly meetings.

Karen Salvat, Lake NOW Treasurer

Membership Director's Message



I have Bill Clinton's distinctive voice on my answering machine. He called a few years ago during another contentious mid-term election. He reminded me to not only vote but to also take a friend to the polls. We don't all know our neighbors; the November election is a good time to meet them.

Midterm elections usually have a lower voter turnout than those that coincide with a presidential election. This November election is critical for the country. Let's take Bill's advice & take a friend with us to the polls.

Deana Goldstein, Lake NOW Membership Director

Secretary's Message



There is so much to write about this month that I don't know where to begin. First, I'll start with this month's focus on acknowledging, facing and defeating domestic violence. Many of us know someone who was the victim of domestic violence or were victims ourselves. We wonder why we/they stayed. In the September 22, 2014 issue of *Time* magazine, there was a brief column written by Robin Givens, the former wife of boxer Mike Tyson. This issue of *Time* had a number of articles relating to domestic violence stemming from the horrific video of Ray Rice "decking" his then fiancé and dragging her out of an elevator. This is a brief synopsis of what Robin says about being a victim.

"You hope this is the only time it will happen . . . You don't ever want to talk to him again, but then you start taking calls. Then he asks to see you in person and you say yes. Then he's crying and you're consoling him. . . Being a black woman you want to protect your man since you believe the black man has it tough in America and turning him in is the ultimate betrayal."

It's interesting that Robin left her marriage only after she believed she was going to die physically or emotionally!

My next topic is the election. Do not miss the attachment to this month's newsletter provided by the League of Women Voters of Florida – it is invaluable. In addition, Jane Hepting, Lake County's DEC Campaign Chair, provided additional insight with regard to Amendment 3. Jane stated there will be one Supreme Court vacancy in 2017 and three more on January 8, 2019, the same day the next incoming governor takes office. So, if Rick Scott is re-elected, and if Amendment 3 passes, based on the criteria in Amendment 3, the outgoing governor will be able to appoint 4 of the 7 Supreme Court judges. The Florida Supreme Court previously ruled that outgoing governors **do not** have the power to appoint judges (which is why the legislature is pushing for a constitutional amendment). The Court further stated it is the job of the incoming governor to appoint judges; i.e., an incoming governor, who just won an election, is closer to the will of the people and better suited to appoint the new judges. So, please vote No on Amendment 3 to keep the outgoing governor, no matter which party they represent, from appointing incoming judges.

Please be sure to go to www.lakennow.weebly.com to review upcoming events as well as the minutes of the last meeting.

My quote for this month is from Ruth Senter, an American Writer: ***When you are truly joined in spirit, another woman's good is your good too. You work for the good of each other.***

Regards,

Barbara Hill, Lake NOW Secretary

October Program

What: Transgender Inequality in Florida

Who: Gina Duncan, Equality Florida

When: Wednesday, October 15, 2014 at 7 p.m.

Where: W. T. Bland Library



Please join us for this presentation as Gina talks about the difficulties faced by transgender people in this state. A business meeting will follow.

Vice President's Message



It's hard to believe that October is upon us. 2014 is winding down, but there are some very important events happening before we move on to a new year. Next month will see our mid-term elections. Voter turnout is traditionally low for such elections, but we hope to see a good turnout in Florida, where the governorship is on the ballot. We also will be electing the representative for District 10 for the U.S. House of Representatives. One of our members, Mike McKenna, is in a bit of an underdog race for the position against the current incumbent. From what I hear, he could use an infusion of money, but it is clear that this candidate has a devoted following of volunteers helping him with his door to door canvassing in the district. I myself am lending a hand to the candidate next week. I am sure he would welcome any help our individual members would care to give.

Our last month's program on Women Under Sharia was very well-received and the presenter had someone videotaping her. The video has been made available to us and we hope to connect to it on YouTube in the near future. If you missed it, stay tuned to our Facebook page or our webpage for that to be available.

Finally, as the editor of the newsletter, I hope you enjoy this theme issue in recognition of Domestic Violence Awareness.

Lucinda McGinn, Lake NOW Vice President, Programs



September Florida NOW Council Meeting Report

Mary Flanagan and Sandra Paradise went to the Florida NOW State Council Meeting in September. Here is a recap of news from that event.

A proposal to have the Florida NOW 2015 Conference in Venice, Florida was presented and approved. The date is not set yet but mid-to-late May is targeted. The projected room rate is \$89 a night with four to a room. The conference fee is expected to be \$75 - \$90 including a lunch. The 2015 National NOW Conference will be held in New Orleans, LA the weekend of June 20, 2015.

Three proposed amendments to the Florida constitution were discussed. The council voted to support Amendment 1 (Water and Land Conservation – Dedicates funds to acquire and restore Florida conservation and recreation lands) and Amendment 2 (Use of Medical Marijuana Under Certain Conditions) and to oppose Amendment 3 (Prospective Appointment of Certain Judicial Vacancies). Here is a link to more information about these: <http://election.dos.state.fl.us/constitutional-amendments/pdf/2014-Constitutional-Amendments-English-7.21.2014-booklet.pdf>.



Domestic Violence Statistics

These statistics summarize the problem of domestic violence in 2014.

- Every 9 seconds in the U.S. a woman is assaulted or beaten.
- Every 10 seconds a referral for child maltreatment is made to state and local authorities totaling more than 3.4 million referrals in 2012. This is widely believed to be an underestimate.
- Although significant underreporting makes it difficult to verify, it is estimated that 1 to 2 million U.S. residents age 65 or older are subject to elder abuse each year.
- Around the world, at least one in every three women has been beaten, coerced into sex or otherwise abused during her lifetime. Most often, the abuser is a member of her own family.
- Domestic violence is the leading cause of injury to women—more than car accidents, muggings, and rapes combined.
- Studies suggest that up to 10 million children witness some form of domestic violence annually.
- Nearly 1 in 5 teenage girls who have been in a relationship said a boyfriend threatened violence or self-harm if presented with a breakup.
- Every day in the U.S., more than three women are murdered by their husbands or boyfriends.

- In 2012, an estimated 1,640 children died as a result of child maltreatment. Seventy percent of these were under the age of three.
- Ninety-two percent of women surveyed listed reducing domestic violence and sexual assault as their top concern.
- Domestic violence victims lose nearly 8 million days of paid work per year in the U.S. alone—the equivalent of 32,000 full-time jobs.
- Based on reports from 10 countries, between 55 percent and 95 percent of women who had been physically abused by their partners had never contacted non-governmental organizations, shelters, or the police for help.
- The costs of intimate partner violence in the U.S. alone exceed \$5.8 billion per year: \$4.1 billion are for direct medical and health care services, while productivity losses account for nearly \$1.8 billion.
- Nearly 1 in 5 women and 1 in 59 men have been raped in her or his lifetime.
- One in 6 women and 1 in 19 men have been stalked in her or his lifetime.
- Nearly 1 in 4 children in the U.S. experience child maltreatment in their lifetimes.
- Men who as children witnessed their parents' domestic violence were twice as likely to abuse their own wives as sons of nonviolent parents.
- The total lifetime cost of child maltreatment is estimated to be \$124 billion each year.

Sources: <http://domesticviolencestatistics.org/domestic-violence-statistics/>, <http://www.cdc.gov/violenceprevention/childmaltreatment/index.html>, <http://www.cdc.gov/violenceprevention/elderabuse/consequences.html>



Asylum for Victims of Domestic Violence

On September 25, 2014, an immigration judge in Arlington, Virginia granted asylum to a Honduran woman and her two daughters because she was escaping domestic violence at the hands of her husband. She and her elder daughter testified to the wife being beaten, raped, and threatened at gunpoint. This was the third case in which members of a family have been granted asylum on the basis of domestic violence and this case reaffirmed that domestic violence can be used as grounds for asylum. Part of her defense was that she could not expect help or protection from this violence from local law enforcement.



If you are voting absentee, remember to send in your ballot as soon as possible so that you won't forget!





National Domestic Violence Hotline

The national domestic violence hotline is 1-800-799-SAFE (7233) (1-800-787-3224 to access TTY for the hearing impaired). The Hotline is the only center in the United States that has access to service providers and shelters throughout the United States. It takes calls from victims, witnesses and even the abusers.

The first national toll-free hotline for victims of domestic violence was implemented in October 1987. The current Hotline was created as part of the Violence Against Women Act (VAWA) signed by President Clinton on September 13, 1994. It was implemented and took its first call on February 21, 1996. The Hotline took its one millionth call on August 2, 2003. In 2006, Verizon Wireless through its #HOPE Initiative created the ability for any Verizon Wireless phone to instantly connect with the Hotline by dialing #HOPE.

The Hotline and Liz Claiborne Inc. launched the National Teen Dating Abuse Hotline, loveisrespect.org, on February 8, 2007. On October 21, 2008, the Hotline takes its 2 millionth call. The organization loveisrespect.org expanded its service to include the first national dating abuse texting service. Vice President Joe Biden sent the first text.

In January 2013, the Hotline announced it expected to reach the milestone of 3 million calls one year earlier than first projected. Then, on March 7, 2013, President Obama reauthorized VAWA with the added provisions to extend coverage to Native American women and members of the LGBT community.

The most recent announcement from the Hotline was the National Football League has committed to provide long-term resources that will allow the Hotline to answer virtually every call, text or chat. This announcement on September 29, 2014 came in the wake of the release of video showing a football player physically abusing his fiancé. Immediately after the release of that video, call volume to the Hotline increased by 84% which impacted the Hotline's ability to answer calls. With the funding from the NFL, additional advocates will be hired, more education will be provided, and more infrastructures will be funded.

Remember – when your U.S. senator or representative chooses to vote against the Violence Against Women Act, they are choosing to not support this vital resource.



HeForShe United Nations Initiative for Women's Rights

By Barbara Hill

Emma Watson of “Harry Potter” fame is a feminist! Emma was named a United Nations’ Women Goodwill Ambassador and is engaged in the “HeForShe” UN initiative that hopes to encourage male involvement in the fight for women’s rights. After apologizing to the United States Marines, she said she is “looking for a few good men.”

When Emma spoke at the United Nations on September 20, she explained how and why she became a feminist. As a child, she was called “bossy,” she was sexualized by the media when she was a teenager, and she watched her athletic friends give up participating in sports they enjoyed because they were afraid of being judged too masculine. And so, she became a feminist.

“Why has the word become such an unpopular one?” Emma said, of feminism. “I think it is right I am paid the same as my male counterparts. I think it is right that I should make decisions about my own body. I think it is right that women be involved on my behalf in the policies and decisions that affect my life. I think it is right that socially, I am afforded the same respect as men.”

Watson, who recently graduated from Brown University, also described the HeForShe campaign as one seeking to end the “us vs. them” mentality, and disassociate feminism with “man-hating.”

“Men — I would like to take this opportunity to extend your formal invitation,” she said. “Gender equality is your issue too.”

Emma continued, “You might think: who is this Harry Potter girl? What is she doing at the UN? I've been asking myself the same thing. All I know is that I care about this problem and I want to make this better. And having seen what I've seen and given the chance, I feel my responsibility to say something.”



Have you been hankering for some really good chocolate? Lake NOW still has a supply of V-Pops left over from The Vagina Monologues. You may contact Lucinda McGinn if you would like to purchase some. They come in black raspberry, caramel and cherry flavors. At \$2 each, your chocolate indulgence will help support chapter activities!



Is It Domestic Abuse?

As awful as it may be, physical abuse is the easiest type of abuse to recognize. It leaves injuries and scars that can demonstrate the abuse occurred. However, it is not the only kind of abuse. Domestic abuse can also include emotional, financial and sexual abuse, which are much harder to recognize -- sometimes even by the victim. Here are questions you can consider to help recognize domestic abuse. Does the individual

- Humiliate or yell at the victim?
- Treat the victim so badly that others are embarrassed to see it?
- Ignore or denigrate the victim's accomplishments or opinions?
- Blame others for the abuser's behavior?
- See the victim as an object or property rather than a person?
- Act excessively jealous or possessive?
- Control the victim's actions, clothing, or where he/she goes?
- Keep the victim from friends or family?
- Limit the victim's access to money, credit cards, the phone, or the car?
- Prevent the victim from working?
- Constantly check on the victim?
- Withhold basic necessities such as food, medications, or shelter?
- Monitor every penny the victim spends?
- Force the victim to participate in unwanted sexual behaviors?

If you think someone is a victim of domestic abuse, here are actions you should privately take:

- Ask if something is wrong. They will not necessarily volunteer this information.
- Express concern but don't judge or blame.
- Listen and validate the victim's feelings but don't pressure the victim to do anything she/he is not comfortable doing.
- Offer help but don't give advice. The victim has the best knowledge of her/his situation.
- Support the victim's decisions without conditions.

Source: http://www.helpguide.org/mental/domestic_violence_abuse_types_signs_causes_effects.htm

Want to Find Out More?

Here are some suggested sources if you want to learn more about the problems related to domestic violence.

- <http://www.cdc.gov/violenceprevention/pdf/nisvs-fact-sheet-2014.pdf>

- Florida Law Enforcement Domestic Violence Response Model Policy: <http://www.dcf.state.fl.us/programs/domesticviolence/publications/docs/ModelPolicy2DV1999.pdf>
- http://www.helpguide.org/mental/domestic_violence_abuse_types_signs_causes_effects.htm

Lake NOW Book Club

Following is a listing of books will be discussed by the Lake NOW Book Club throughout the next several months.

Month	Book
October 14, 2014	"Egalia's Daughters" by Gerd Brantenberg
November 11, 2014	"A Woman of Substance" by Barbara Taylor Bradford
December 9, 2014	"The Measure of Our Success" by Marian Edelman & "On the Pulse of Morning" by Maya Angelou
January 13, 2015	"Book of Ages: The Life and Opinions of Jane Franklin" by Jill Lepore
February 10, 2015	"Redefining Realness" by Janet Mock
March 10, 2015	"A House in the Sky" by Amanda Lindhout and Sara Corbett
April 14, 2015	"The Immortal Life of Henrietta Lacks" by Rebecca Skloot

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

Anyone who is interested in forming a second book club that meets outside normal work hours may contact Sandee Paradise.

ARE YOU BEING NOTIFIED when something happens? Do we have your current email address? Or phone number? There are often messages that you might interest you but do not necessarily appear in the newsletter or web site and an email is sent to all members to keep them informed. If you have changed your address or just want to check to make sure, please contact Sandra Gray Paradise.

CAMPAIGN TO HELP PREVENT CAMPUS SEXUAL ASSAULT: “IT’S ON US” PUBLIC AWARENESS CAMPAIGN

By Barbara Hill

On September 19, 2014, President Obama and Vice President Biden unveiled a new public awareness and education campaign entitled: “It’s On Us.” Finally, a campaign to engage college students and campus communities in a dialogue to prevent sexual assault has begun.

Interestingly, one in four women will be sexually harassed or sexually assaulted at some time during her tenure at college – usually by someone she is acquainted with. Yet 40% of the schools have not engaged in the investigation of any sexual assaults during the past five years, and 20% provide no training to students or faculty as to what to do in the event they are faced with this issue.¹ In 2012, 3,948 forcible sexual assault cases were reported – and those are only the ones that were reported.²

“It’s On Us” is being launched in partnership with the Center for American Progress’ Generation Progress in cooperation with student body leadership from nearly 200 colleges and universities, collegiate sports organizations and private companies with strong ties to students at colleges and universities.

The National Alliance to End Sexual Violence (NAESV) released the following response to the program: NAESV “supports the ongoing efforts of President Obama and Vice-President Biden to combat sexual assault on college campuses. The [“It’s On Us”](#) Awareness Campaign is a great launching pad to further efforts to address this pervasive problem across the country. [“It’s On Us”](#) was developed to “create positive social pressure increasing awareness, participation, and influence toward ending sexual assault at our colleges and universities. . . . In order to effectively work to end sexual assault on our campuses, it is imperative that colleges partner with their state sexual assault coalitions and local rape crisis centers so they can follow through on the real goals of this campaign. Only by working together can we ensure the needs of survivors are met and help promote campus climates that don’t allow rape to flourish. We are hopeful that presidents of colleges and universities will join the White House and take a leadership role on this issue.”

If you go online to “It’s On Us,” the following is the pledge that students are being asked to take:

I Pledge:

- To recognize that non-consensual sex is sexual assault.
- To identify situations in which sexual assault may occur.
- To intervene in situations where consent has not or cannot be given.

- To create an environment in which sexual assault is unacceptable and survivors are reported.

This pledge is a personal commitment to help keep women and men safe from sexual assault. It is a promise not to be a bystander to the problem, but to be a part of the solution.

1. *The Washington Post*, July 31, 2014, by Valerie Strauss.
2. *USA Today*, September 13, 2014.

Lake NOW Badges



We are selling Lake NOW badges to members. The badges look like the one shown here. The badges can be

purchased for \$12 each. See Karen Salvat to order yours today.

Suggested Programs

Lake NOW wants your suggestions for upcoming programs. Feel free to send ideas for things you might want to know more about to the Lake NOW vice-president, who is responsible for arranging programs.

Lake NOW Socials

The October Social was held at The Oyster Troff in Eustis on Wednesday, October 1st, immediately following our Lake NOW Board Meeting. We got to see some folks that had been away during the summer and it was a really nice venue for our get together. The Oyster Troff was recently in the news in the Sunday, September 21st edition of the Daily Commercial. Management had sent some employees on a cruise and at the time of the article was going to be sending more! In all, 9 of their 13 employees have been able to go on this “team building” cruise. Lake NOW is pleased to have had our social at a venue that cares about its employees.

Mark your calendars for the 1st Wednesday in November, when we will be having our social at Al’s Sand Bar in Tavares. We look forward to seeing you all there!

For your convenience in the upcoming elections, the League of Women Voters has provided us with a copy of their voter guide and we have attached it with this newsletter. We hope you find the guide helpful in understanding the races and the constitutional issues in the election.

Upcoming Event

The Ninth Annual “Stuff the Bus” Food Drive will be held Saturday, November 8, 2014 from 9 a.m. to 5 p.m. at the Walmart stores located in Mount Dora and Leesburg. Organizers are seeking volunteers from various community sources and shifts are available in 2-hour increments between 8:45 a.m. and 5:15 p.m. Volunteers are welcome for 2 hours or more if desired. This is something that can be done in groups or with family members. To volunteer, contact Amy Bradford, Transportation Representative for Lake County Public Transportation Division at abradford@lakecountyfl.gov or by calling 352.323.5723.

Lake NOW’s Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women’s rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW’s purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

Our priority goals, include, but are not limited to:

- Addressing women’s health issues and reproductive rights
- Stemming violence against women
- Improving and promoting diversity/ending racism
- Encouraging economic justice and labor rights.

Upcoming Event

Lake County Democratic Black Caucus Hosts its second “Real Talk” in Lake County Florida Through the Eyes of Lake County Young Adults (Youth Ages 18 – 35) on Wednesday, October 22nd. Doors open at 6:30 p.m. Tavares Civic Center, 100 Caroline Street in Tavares. Contact Francine Garcia at 352-227-4094; francgar@aol.com.

NEWSLETTER SUBMISSIONS

Members are encouraged to submit articles for our monthly newsletter. You may submit proposed articles by sending them to contactLakeNOW@yahoo.com. Please type your newsletter submissions directly into the body of your text formatted email. Please do not use HTML or RTF format or special fonts. Submissions may be vetoed by the NOW board and/or edited for clarity and brevity.

Next month’s deadline for submissions: 11/1/14

Lake NOW Calendar

Tuesday, October 14 3:30 p.m.	Lake NOW Book Club Egalia’s Daughters W.T. Bland Library
Wednesday, October 15 7:00 p.m.	Lake NOW Monthly Meeting W.T. Bland Library Topic: Transgender Inequality in Florida
Wednesday, November 5 4:00 p.m.	Lake NOW Board Meeting Al’s Sand Bar 123 S. Joanna Avenue Tavares, FL
Wednesday, November 5 5:00 p.m.	Lake NOW Social Al’s Sand Bar 123 S. Joanna Avenue Tavares, FL
Tuesday, November 11 3:30 p.m.	Lake NOW Book Club A Woman of Substance W.T. Bland Library
Tuesday, November 18 7:00 p.m.	Lake NOW Monthly Meeting W.T. Bland Library Topic: Economic Justice: Equal Pay/Livable Wage
Wednesday, December 3 5:00 p.m.	Lake NOW Board Meeting One Flight Up 440 N. Donnelly Street Mt. Dora, FL
Tuesday, December 9 3:30 p.m.	Lake NOW Book Club The Measure of Our Success & On the Pulse of Morning W.T. Bland Library
Wednesday, December 17 6:00 p.m.	Lake NOW Holiday Party 1884 Restaurant & Bar 12 E. Magnolia Avenue Eustis, FL

Upcoming Event

“Olde Tyme River Country Columbus Day Democratic Rally” – Friday, October 10th from 4 – 6 p.m. at The Old Firehouse (AFPOA Community Building) on Blue Creek Road in Astor. Sponsored by Preston and Susan Garrison, this event is for all Precinct One registered Democrats to attend to learn about the 2014 Elections and our Democratic Candidates. For more information, contact Preston Garrison at pjgarrisonpjg@aol.com.



Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

MEMBERSHIP: The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

FINANCE: The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

NOMINATING: The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be candidates for the Board.

BYLAWS: The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:

- Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.
- Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.
- Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations.

COMMUNICATIONS/PUBLIC VISIBILITY:

- Technology: Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- Writers' Committee: Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- Public Visibility: Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities, as well as contact local colleges, places of worship and non-profits.
- Telephone Outreach: Aid other committees and officers when networking by telephone is requested.

LEGISLATIVE COMMITTEE: Track legislative issues, bills and amendments and report to the membership.

ACTION COMMITTEE: Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

STRATEGIC PLANNING: Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it.

This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee shall report to the membership on the status of the Plan (accomplishments, amendments, etc).



Lake NOW Board

President:	Sandra Gray Paradise (352)343-2064 msscgp@yahoo.com
Vice-President:	Lucinda McGinn (352) 602-7057 labrys@comcast.net
Secretary:	Barbara Hill (352)589-1495 bmhill123@comcast.net
Treasurer	Karen Salvat (352)385-0860 Karwag.sal@comcast.net
Membership Director	Deana Goldstein (615) 438-5225 deanaegoldstein@gmail.com
Immediate Past President	Carol King (352) 483-2011 carolflam@aol.com



Lake County

National Organization for Women

P.O. Box 1134, Mt. Dora, Florida 32756

E-mail address: contactLakeNOW@yahoo.com

lakenow.weebly.com

Facebook: Lake-NOW

Twitter: lake_now

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW).

Monthly meetings

Third Wednesday of each month at 7 p.m.

(Exceptions will be announced on the web page and in the newsletter)

Meetings held at W. T. Bland Library

1995 N. Donnelly St., Mt Dora, Florida 32757

Organized 2012



Win a 1-Year Membership

Beginning in February, members have been able to purchase tickets at each monthly meeting for \$2 each. For each time \$50 in tickets is sold, a drawing will be held for a free 1-year membership in Lake NOW. Members need not be present to win provided correct contact information is written on the tickets purchased. We recently were able to draw our first winner for this "Sisterhood Fund" and the free membership went to Barbara Hill. We also received enough entries to be well on the way to our second drawing, so get your tickets soon so that you will be in the running!

