



LAKE NOW NEWS

January 2014



President's Message

Hope you've all enjoyed your holidays. Now that the New Year has arrived, we are about to begin the third year of Lake NOW. 2013 has been a transition year for Lake NOW including having three different presidents during this short period of time. At our January meeting, Sandee Paradise will present a Power Point presentation covering our achievements in 2013 and our goals for 2014. We have two major events on our plate during the next six months. The first one being the joint presentation with Bay Street Players and V-Day of The Vagina Monologues in March and The Florida NOW Conference in Mount Dora at The Lakeside Inn in May. We will have sign-up forms at the January meeting for committee volunteers to help us put together the conference. If you will not be attending the meeting, please let me know if you are interested in volunteering. We have already received our first reservation from Brevard County for the conference.

In January there will be a report from the Nominating Committee with a list of nominees for each office to be voted on at the February meeting. In February there can also be nominations from the floor.

I enjoyed being your President for the last part of 2013 and hope that I can maintain continuity by serving as your President in 2014.

Carol King, Lake NOW President



Treasurer's Message

Happy New Year to all...In the New Year, save some energy and time for Lake NOW activities. There are many. Also, when your membership renewal comes up, please be sure to complete either by mail, website, or bring to the meeting and I will take care of the renewal. February is the election meeting, be sure to have your membership up to date to vote and be sure to ATTEND the meeting. Thanks to all for your support this past year.

Karen Salvat, Lake NOW Treasurer



Secretary's Message

A very happy and healthy New Year to all!

This is going to be a very busy year for Lake NOW. Not only are we in the midst of planning our presentation of the Vagina Monologues in March and the Florida NOW State Convention in Mount Dora at the end of May, but the governor's race is beginning to heat up. Since, I am the Chair of the Communications/Public Visibility Committee. I am going to be asking for help from all our members to ensure the message is disseminated to our legislators that Lake NOW supports equality for all. All members are welcome to participate in any way they can. Please contact me if you wish to participate.

With regard to the Vagina Monologues, I am the "raffle chair" and would appreciate any input/ideas with regard to items to be raffled on the date of presentations.

In addition, we will be voting to adopt the Operating Rules for Lake NOW at the next general meeting; so, please review the rules and be prepared to vote on January 15.

Regards from your Lake NOW Secretary, Barbara Hill

January Program

At our January monthly meeting, Nancy Hurlbert, First Vice-President of the Democratic Women's Club of Florida and Bylaws Chair, will be presenting "It's Not Just Your Grandmother's - Or Your Mother's ERA!! Why the ERA Is Still Relevant Today!" We hope all you can come hear what promises to be a great presentation.

Lake NOW Socials

Our February social will be held Wednesday, February 5th. The plans for the location are not final so stay tuned to our webpage for the final details.

New Vice-President

At the January Lake NOW board meeting, Deana Goldstein was appointed as vice-president to serve until the elections in February. Everyone, please wish Deana well in her new position.

Membership Director's Message



My grandmother was a wild child in every sense of the word. I know this because my great-grandmother told me so. I can distinctly remember the conversation when my great-grandmother described taking my young grandmother to a back-alley doctor who would provide (then illegal)

birth control for my wild-child grandmother. You can imagine my shock upon hearing my prim, devout great-grandmother describe her participation in this nefarious event. That shock is only surpassed by the shock and dismay I feel when I read news stories about legal actions to restrict women's reproductive freedom now over 90 years later. As an amateur genealogist, I have seen repeatedly how my foremothers' destinies were controlled by their lack of control over if, when, and how many children they would bear. I hope we never go back to that and I encourage all of you to contact your congressional representatives to tell them that women will never be free and equal if we do have control over our own bodies.

Sandee Paradise, Lake NOW Membership Director

Win a 1-Year Membership

Beginning in January, members may purchase tickets at each monthly meeting for \$2 each. When at least \$50 in tickets is sold, a drawing will be held for a free 1-year membership in Lake NOW. Members need not be present to win provided correct contact information is written on the tickets purchased.

Lake NOW Calendar

Tues., Jan. 14, 3:30 p.m.	Lake NOW Book Club "Lean In: Women, Work, and the Will to Lead" by Sheryl Sandburg W. T. Bland Library
Wed., Jan. 15, 7 p.m.	Lake NOW Monthly Meeting W. T. Bland Library Topic: Equal Rights Amendment with guest speaker Nancy Hurlbert Additional topic: We will be voting to accept the new Lake NOW Operating Rules.
Wed., Jan. 22, 2014	The 41 st anniversary of the Supreme Court decision of Roe Vs. Wade.
Wed., Feb. 5, 5 p.m.	Lake NOW Social – First Wednesday Location: TBD
Tues., Feb. 11, 3:30 p.m.	Lake NOW Book Club "Their Eyes Were Watching God" by Zora Neale Hurston W. T. Bland Library
Fri., Feb. 14, 2014	V-Day 2014. See http://www.onebillionrising.org/events/ for

	information about events worldwide. Yes, we are listed!
Wed., Feb. 19, 7 p.m.	Lake NOW Monthly Meeting W. T. Bland Library Topic: Homeless Children in Lake County with guest speaker Kristen McCall Additional topic: We will be voting for the new Lake NOW board.
Sat., Mar. 15, 7 p.m.	*****MARK YOUR CALENDAR***** Lake NOW and Bay Street Players present
Sun., Mar. 16, 2 p.m.	The Vagina Monologues, an internationally known play about women's experiences. Fundraiser for The Haven.
May 30-31 and June 1	Lake NOW hosts the Florida NOW Convention
June 27 – 29	National NOW Conference in Albuquerque, New Mexico

Hosts Wanted

Nan Rich, candidate for Florida governor in 2014, is interested in speaking at house parties in Lake County to speak personally with voters. If anyone is interested in hosting an event such as this in January, please speak with Nancy Hurlbert or Carol King.

Win a Trip to National Convention

Lake NOW members are encouraged to enter the Florida NOW essay contest. Entrants must turn 30 no earlier than July 1, 2014 and must be a NOW member by January 1, 2014 to be eligible. Two winners will be chosen to win a trip to the national NOW convention in Albuquerque, New Mexico on June 27 – 29. More information about this can be found at <http://fnow.org> but hurry because entries must be submitted by February 1, 2013.

The Vagina Monologues

Auditions for "The Vagina Monologues" will be held January 28 at 8 p.m. at the Historic State Theater in Eustis. We encourage all members who are interested in participating in this event to audition. No acting experience is necessary because the monologues are read, not memorized. There are a limited number of rehearsals that in March. Please see the announcement on the last page of this newsletter for detailed information. The last page may also be posted in public places.

The Vagina Monologues committee is now selling sponsorships for anyone who wishes to be listed in the program and other advertising material we will be developing for this event. Sponsorships start at \$25 so we hope many members will consider sponsorship. A copy of the sponsorship letter can be found on the Lake NOW website for members' personal ads or to take to local businesses that might be willing to help sponsor.

Also, there is still much work to be done. Please contact Sandee Paradise if you can contribute in any way to this great event.



Committees

The following standing committees are being formed. Please review this information and determine how you can participate in Lake NOW.

MEMBERSHIP: The Membership committee is chaired by the Membership Director with the purpose of building, retaining and engaging Lake NOW membership in support of the principles of National NOW.

FINANCE: The Finance committee is chaired by the Treasurer with the purpose of managing the finances and budget of Lake NOW.

NOMINATING: The Nominating Committee is chaired by a non-Board member of Lake NOW as approved by Board. The committee's purpose is to find, encourage and recommend members of Lake NOW to be candidates for the Board.

BYLAWS: The Bylaws committee is chaired by a non-Board member of Lake NOW as approved by the general membership. The committee's purpose is to:

- Review and manage any requested changes to the Lake NOW Bylaws or Operating Rules per the requirements established in the Operating Rules.
- Be knowledgeable in the area of the National Bylaws and Policies; the State Bylaws, Operating Rules and Policies; and the Lake NOW Bylaws, Operating Rules and Policies.
- Serve in an advisory role to the Board of Directors and general membership regarding the interpretation and any discrepancies between the National, State and Lake NOW organizations.

COMMUNICATIONS/PUBLIC VISIBILITY:

- Technology: Examine all technological opportunities, such as internet, e-mail, websites, social media and more, to ensure Lake NOW is capitalizing on all available technologies.
- Writers' Committee: Draft letters to newspapers, legislators, local governmental entities, etc. Create a scrapbook to record Lake NOW activities, press releases and other historical documents.
- Public Visibility: Develop information such as tri-fold pamphlets, advertising, etc., for distribution in the community to ensure public awareness of Lake NOW and its Mission Statement. Join with other agencies or organizations to develop networking opportunities, as well as contact local colleges, places of worship and non-profits.
- Telephone Outreach: Aid other committees and officers when networking by telephone is requested.

LEGISLATIVE COMMITTEE: Track legislative issues, bills and amendments and report to the membership.

ACTION COMMITTEE: Organize rallies, protests, and other activities in order to publicize NOW's support or opposition to current issues.

STRATEGIC PLANNING: Organize, develop, implement, and monitor the Strategic Plan of Lake NOW. This committee shall coordinate to ensure proper training and education on Strategic Planning and the philosophy of it. This committee shall report to the President of Lake NOW. At the President's request, the Strategic Planning Committee

shall report to the membership on the status of the Plan (accomplishments, amendments, etc).



Book Review

How to Be A Woman by Caitlin Moran, was discussed at our December 10th Lake NOW Book Club.

How to Be a Woman was the winner of the 2011 Galaxy Book of the Year Award. Caitlin Moran is a British humorist, writer, wife, Mother and above all else Feminist!

Her book takes us on the journey of her life from age 13 to present, with wit and provocative observations while making the case for a renewal of Feminism. Her conclusion is that "... I realized that what I really want to be, all told, is a human. Just a productive, honest, courteously treated human. One of the Guys. But with really amazing hair."

Our group had a variety of reactions and opinions of the book. There were some chapters that were too provocative for some of us. At times the British humor escaped our American understanding and appreciation. We were aware of the cultural differences as we read the book and discussed that as well as our appreciation of her case for Feminism, which we agreed with whole heartedly.

The wonderful thing about the Lake NOW Book Club is the discussion, which always expresses our shared Feminism and diverse backgrounds. Each month there are new insights to be gained from hearing each member's interpretation of what we have read.

Judi Phillips Jones, past Lake NOW President



Lake NOW Book Club

The following books will be discussed by the Lake NOW Book Club.

Month	Book
January	Lean In: Women, Work, and the Will to Lead by Sheryl Sandberg (2013) – Amazon Book of the Month
February	Their Eyes Were Watching God by Zora Neale Hurston (1937) – A seminal work in African-American literature
March	Backlash: The Undeclared War Against American Women by Susan Faludi (2009) – Winner of the National Book Critics Award for Non-Fiction
April	The Bonesetter's Daughter by Amy Tan (2001) – Novel about mothers and daughters

The Lake NOW Book Club meets on the second Tuesday of each month at 3:30 p.m. at the W. T. Bland Library in Mount Dora. All Lake NOW members are welcome to participate.

Anyone who is interested in forming a second book club that meets outside normal work hours may contact Sandee Paradise.



Why do people say "grow some balls"? Balls are weak and sensitive. If you wanna be tough, grow a vagina. Those things can take a pounding.

— Sheng Wang

Lake NOW Badges

Beginning in January, Lake NOW will be selling Lake NOW badges to its members. The badges look like the one shown below with the Lake NOW logo and the member's name. The badges can be purchased through Lake NOW for \$12 each. See Sandee Paradise for more information.



Zora Festival

The 25th annual Zora Neale Hurston Festival of the Arts and Humanities will be held in Eatonville Friday, January 31 through Sunday, February 2, 2014. Some of the members of the Lake NOW Book Club, who will be reading Zora Neale Hurston's book "Their Eyes Were Watching God" in February, will be attending this festival to celebrate the life and contributions of one of the 20th century's preeminent writers of African-American literature. Hurston was also a noted anthropologist and folklorist of her time. Anyone who wishes to come with us to this festival (just 45 minutes from Mt. Dora!) may meet us Saturday, February 1 at 9 a.m. in the parking lot behind McDonald's at the corner of U.S. Highway 441 and Donnelly in Mt. Dora. We will return at 5 p.m. The admission paid at the gate is \$10. Additionally, if you wish to see the 11 a.m. presentation of **Female Florida: Historic Women in Their Own Voice**, which includes a 90-minute presentation of Mary McLeod Bethune, Marjorie Stoneman Douglass, Zora Neale Hurston, and Caroline P. Rosseter, please see Sandee Paradise to pay your \$5 per ticket ASAP because those tickets must be purchased online.

Lake NOW Board

President:	Carol King carolflam@aol.com , (352) 483-2011
Vice-President:	Deana Goldstein deanegoldstein@gmail.com , (615) 438-5225
Secretary:	Barbara Hill bmhill123@comcast.net , (352) 589-1495
Treasurer	Karen Salvat Karwag.sal@comcast.net , (352) 385-0860
Membership Director	Sandra Gray Paradise msscgp@yahoo.com , (352) 343-2064

No woman can call herself free who does not control her own body.

— Margaret Sanger

Lake County

National Organization for Women

P.O. Box 1134, Mt. Dora, Florida 32756

E-mail address: contactLakeNOW@yahoo.com

lakenow.weebly.com

Facebook: Lake-NOW

Twitter: lake_now

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW).

Monthly meetings

Every third Wednesdays of the month at 7 p.m.
(Exceptions will be announced on the web page and in the newsletter)

Meetings held at W. T. Bland Library
1995 N. Donnelly St., Mt Dora, Florida 32757
Organized 2012

ARE YOU BEING NOTIFIED when something happens? Do we have your current email address? Or phone number? There are often messages that you might interest you but do not necessarily appear in the newsletter or web site and an email is sent to all members to keep them informed. If you have changed your address or just want to check to make sure, please contact Sandra Gray Paradise.

NEWSLETTER SUBMISSIONS

Members are encouraged to submit articles for our monthly newsletter. You may submit proposed articles by sending them to contactLakeNOW@yahoo.com. Please type your newsletter submissions directly into the body of your text formatted email. Please do not use HTML or RTF format or special fonts. Submissions may be vetoed by the NOW board and/or edited for clarity and brevity.

Next month's deadline for submissions: Saturday, 2/1/14.

Lake NOW's Mission Statement

Lake NOW is a chapter of the non-partisan Florida and National Organization for Women (NOW) devoted to the continuing improvement of women's rights and freedom from discrimination. Consistent with the foregoing, it is Lake NOW's purpose to embrace members of all races, ages, gender and sexual orientation. Lake NOW will focus on activities that advocate and advance the equal status of women and girls in all aspects of their lives through educational, legislative and political work, while adhering to the bylaws, policies and resolutions of the Florida and National Organization for Women.

Our priority goals, include, but are not limited to:

- Addressing women's health issues and reproductive rights
- Stemming violence against women
- Improving and promoting diversity/ending racism
- Encouraging economic justice and labor rights.



Auditions for 'The Vagina Monologues'

Auditions for **'THE VAGINA MONOLOGUES'**

Bay Street Players (BSP), in conjunction with Lake NOW, is conducting auditions for 'The Vagina Monologues.' Auditions will be held on January 28th at 8:00pm at the Historic State Theatre 109 N. Bay Street, Downtown Eustis. No appointment necessary.

Two performances March 15th 7:00 p.m. and 16th at 2:00 p.m.

All those auditioning should bring their resume/conflicts and will receive sides of the script to read. The bulk of rehearsals will take place the week of show opening-- March 10-14th, so anyone auditioning should have full availability that week with minimum rehearsals before that on Fridays at 6:30.

V-day.org states: "In 1994, a play called 'The Vagina Monologues,' written by playwright and activist Eve Ensler, broke ground, offering to the world a piece of art like nothing it had seen before. Based on dozens of interviews Ensler conducted with women, the play addressed women's sexuality and the social stigma surrounding rape and abuse, creating a new conversation about and with women. 'The Vagina Monologues' ran Off-Broadway for five years in New York and then toured the United States. After every performance, Ensler found women waiting to share their own stories of survival, leading her to see that 'The Vagina Monologues' could be more than a moving work of art on violence; she divined that the performances could be a mechanism for moving people to act to end violence."

BSP in conjunction with Lake NOW.

Contact the box office with questions and we will get them answered for you!
352-357-7777.

Purchase tickets for any shows, online [HERE](#)
or by calling the box office at 352-357-7777.